

A STUDY ON NUTRITION OF BURJAVALASA VIZIANAGARAM DIST A. P

DR. V. S. KRISHNA GOVT. DIGREE & PG COLLEGE (A) VISAKAPATNAM  
DEPARTMENT OF BOTANY



SUBMITTED BY  
NAME. V. VIMALA  
GROUP BSC (BTBC)  
SECOND SEM. REG. E20204030  
UNDER THE GUIDEGE BY

DR. S. PADMAVATHI  
LECTURERIN BOTANY  
DR. V. S. KRISHNA GOVT. DIGREE & PG COLLEGE (A) VISAKAPATNAM



# ***PROJECT REPORT***

A STUDY ON NUTRITION OF N.BURJUVALASA VILLAGE OF  
VIJAYANARAM DISTRICT OF ANDHRA PRADESH

**Dr .V.S. KRISHNA GOVERNMENT DEGREE & PG COLLEGE(A),  
VISAKHAPATNAM**

***DEPARTMENT OF BOTANY***

**COMMUNITY SERVICE PROJECT REPORT**

**BATCH 2022-2023**

# NUTRITION

## CERTIFICATE

Certified that Mr. /Ms. Vempatapu Vimala of II B.Sc. BtBC has successfully completed the community service project titled "A Study on nutrition of N.Burjuvalasa Village of Vizayanagaram District of Andhra Pradesh" under my supervision. As per the declaration made by him/her the original project work was done by him/her and I recommend his/her work for further evaluation.

Dr. S.PADMAVATHI

Lecture in Botany

Dr.P.SRIVANI

Head of the department

Dr.I.VIJAYA BABU

Principal

## DECLARATION

I hereby declare that the project report titled "**A Study on Nutrition of N.Burjuvalasa Village of Vizayanagaram District of Andhra Pradesh**" is my original work and has not been published or submitted for any degree, diploma or other similar titles elsewhere. This has been undertaken for the purpose of partial fulfillment of B.Sc Degree of Dr.V.S.Krishna Government Degree & PG College(A), Viakhapatnam.

v. vinab

## ACKNOWLEDGMENT

I'm deeply grateful to my Mentor, Dr. S. Padmavathi, lecturer in Botany for her guidance, patience and encouragement. I would not be able to finish my study without her support. I wish to express my gratitude to all the members of N.Burjuvalasa village for giving the proper responses, which has been instrumental in completion of this project. I am thankful to Dr. I.VIJAYA BABU, Principal, Dr. V. S. Krishna Government Degree & PG College (A) Visakhapatnam for his support and encouragement throughout the tenure of the project. I also want to show my sincere gratitude to Dr. P. Sri Vani, Head of the Department of Botany, and the other faculty members of the Botany Department. Dr. T. M. A. Niveditha, Dr. D. Appa Rao, Dr. K. Vijayalakshmi and Dr. D. S. Madhava Rao, for being a source of support during this project period.

I am most grateful to my family, Friends and well-wishers for their love and support.

Name;V.Vimala

B. Sc. Bt. B. C

II Semester

Regd. No: E20204030

v. vimala

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## INTRODUCTION

Despite all efforts undertaken both nationally and internationally, poor nutritional status is still a fundamental cause of disease and shortened life-span. Most people are aware that many factors are either directly or indirectly responsible for undernutrition, including insecure food supply, lack of basic education, inadequate health services, deteriorated environment, low income, and inadequate empowerment. The factors contributing to malnutrition vary from community to community. However, poverty is nearly always an underlying factor.

To improve the nutritional status and improve living conditions in communities, it is necessary to determine the nature, magnitude and causes of malnutrition

## OBJECTIVE

survey is a method for collecting information directly from people. Nutrition surveys assist in the planning and implementation of projects by providing objective data that can be used to improve the nutritional situation. The objectives of the nutrition surveys dealt with in this guideline are the **assessment and analysis of the nutritional situation and of contributing poverty factors of risk groups** and the **evaluation of the nutritional effect of a project/program** on the improvement of living conditions.

The objective of a nutrition survey is derived from the purpose of nutrition-related projects. The survey should

- monitor the improvement of the nutritional situation (project objective, overall objective, or positive impact), and/or
- guard against the worsening of the nutritional situation (negative side effect).
- to assess the nutritional situation of communities,
- to assist in planning and implementing sound surveys, enabling nutrition and public health workers and specialists
- to for
- formulate appropriate nutrition policy and measures,
- to be used for training the public health workers and specialists, and, ultimately
- to help to bring about an improvement of the nutritional situation of target groups.
- to assess the **needs** of the poor, in particular, about their nutritional problems in daily life,
- to reveal the nature, magnitude and severity of the **nutrition- and poverty-related problems** and their possible causes,

## METHODOLOGY

### **First Phase**

It is the actual socio-economic survey. In Phase I, survey conducted from 3<sup>rd</sup> June to 10<sup>th</sup> June 2022. In the first phase I have visited the 06 ward of N.Burjuvalasa village in vijayanagaram district. A standard questionnaire was prepared and responses were noted. This was done for seven days. The study area consists of 60 households. So approximately 60house holds were surveyed each day to survey the entire ward in a week. After conducting socio economic survey, data was analyzed and certain problems were identified.

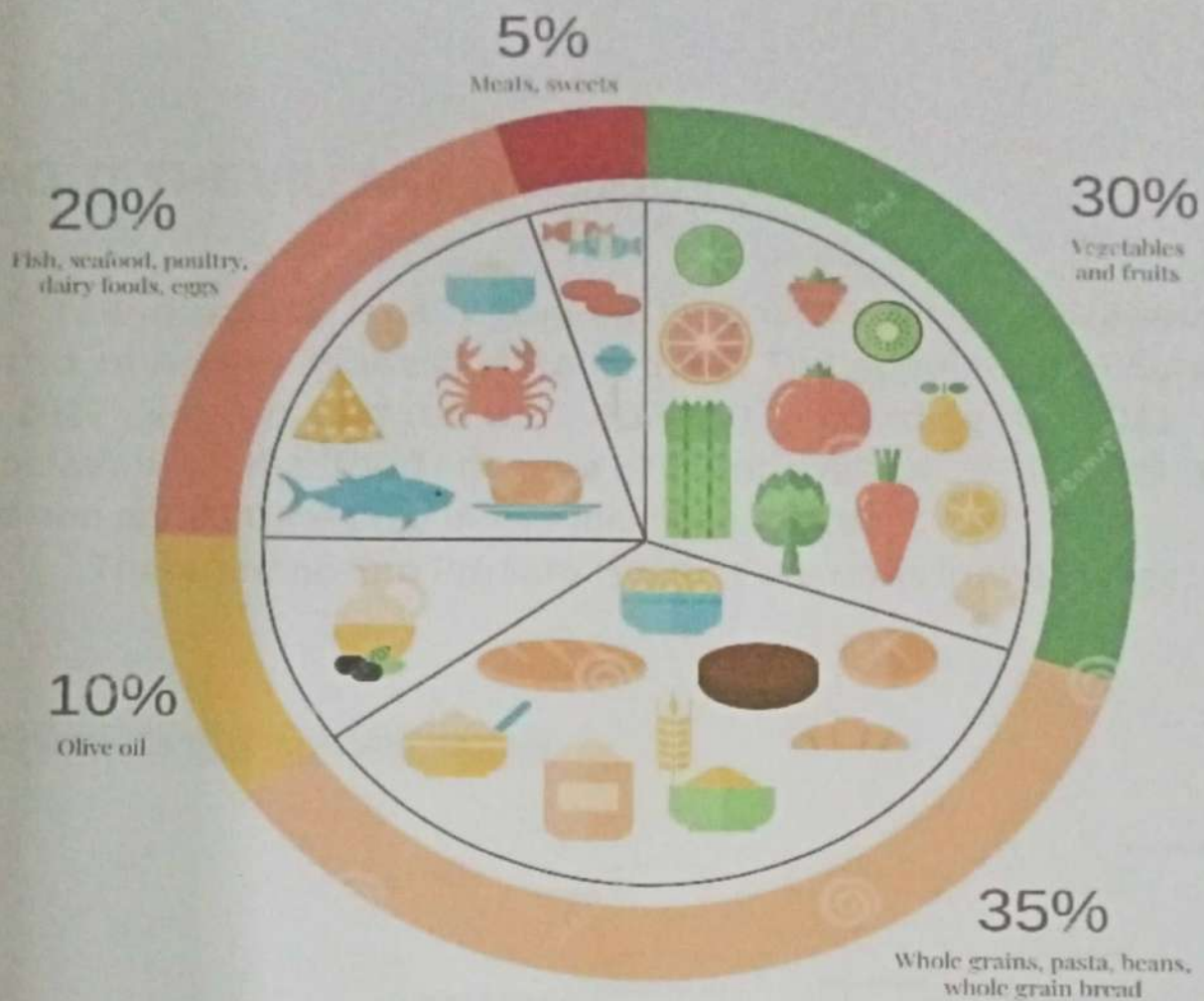
### **Second phase**

In the second phase awareness programmes were conducted for different problems so identified in the first phase. Awareness programmes were organized from 11<sup>th</sup> June to 18<sup>th</sup> June.

### **Third phase**

The third phase is dedicated/(focused on ) to a single problem identified In my study area and again questionnaire was standardized and collected data by verbal interaction and interviewed the persones. I have selected –NUTRITION topic for survey because to create awareness for on the nutritional food . This is again done for a week from 3<sup>rd</sup> june to10<sup>th</sup> date

# Mediterranean Diet



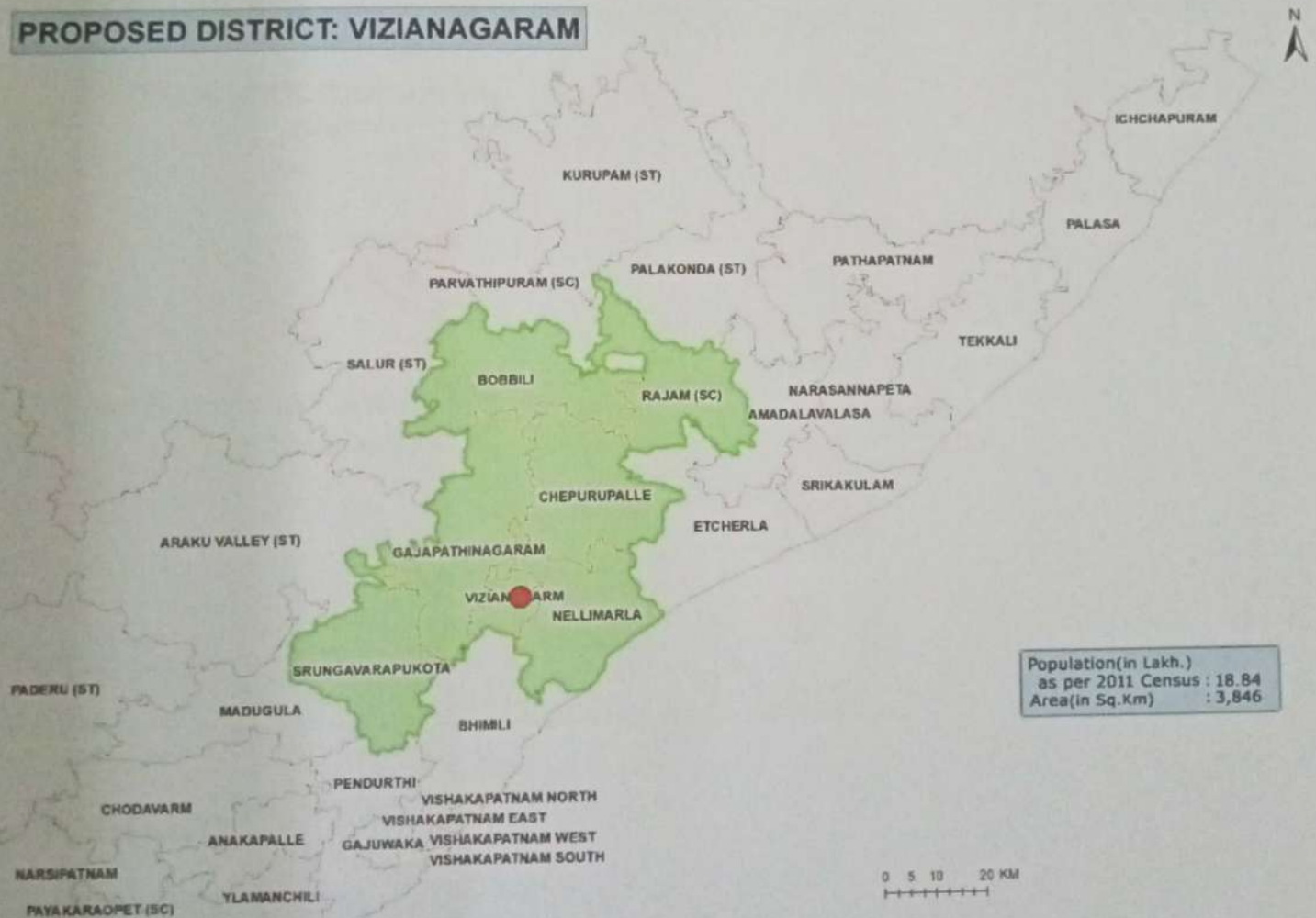
In the above chart shows the olive oil 10%, fish , seafood, poultry dairy foods, eggs 20%,and meats and sweets 5%, vegetables and fruits 30%, whole grains,pasta,beans, whole grainbread 35%.

## ABOUT THE VILLAGE:N.BURJUVALASA

N.Burjuvalasa is a Village in therlam Mandal, vizayanagaram district of Andhra Pradesh state in India. The population of Suravaram in 2022 is estimated to be 400-450. According to 2011 census population is 400. The Total area of N.Burjuvalasa is 2.29 Sq km. The non agricultural area in this locality is hectares.

There are no Sub Primary Health Care units in the village.

### PROPOSED DISTRICT: VIZIANAGARAM



← Therlam, Andhra Pr... X



Therlam Pond  
తెర్లం పొండ్

Therlam  
తెర్లం

PANCHAYAT  
OFFICE  
పంచాయత్  
ఆఫీస్

Rajam Rd

ZPH SCHOOL .Therlam  
ZPH పాఠశాల  
తెర్లం

Therlam  
తెర్లం

Sri hauman gift articles  
and home needs



Google

Therlam



Directions



Save



Share

Gunnathovalasa  
గున్నతోటవలస

Bobbili - Penta Rd

Rangarayapuram  
రంగరాయపురం

Burjavalasa  
బుర్జవలస

Janardhanaranga  
at Kunukuva  
జనార్ధనరంగరాయప  
అట్ కునుకువ

uvalasa  
పవలస

Bheemavaram  
భీమవరం

Google

## **PROBLEMS IDENTIFIED AND ANALYSES OF THE PROBLEMS**

### **Agriculture**

Agriculture is the major source of income in the village. The main problems faced by agriculture are poor quality of seeds, Primitive methods of cultivation and Lack of pest and disease control measures,

### **Unemployment:**

It is the major problem. Individuals in rural areas are dependent on agricultural activities or small and marginal works in nearby urban areas.

### **Illiteracy**

The living conditions of many individuals of the village are in the deprived state, people tend to migrate to urban areas for social infrastructure facilities to meet their basic needs in urban areas but they prefer to make their children as bread earners. So children drop outs are more in villages.

### **Poverty**

The poverty of individuals is also one of the main problems of the village. Landless laborers, and casual workers are mostly prevailing in the conditions of poverty. The majority of the poverty-stricken people are employed in the agriculture sector and other activities such as animal husbandry, fisheries, and daily workers.

### **Water resource and Irrigation**

The main problem of the village is the lack of clean drinking water. In the village there is no proper irrigation and still depend on rainfall for irrigating crops,

### **Inadequate marketing and storage facilities**

The average Indian farmer does not have adequate storage facilities. Moreover, there is no satisfactory warehousing facilities in the market. For these two reasons the farmer has to sell his produce immediately after the harvest. Lack of storage facilities and lack of market access are the two other important causes of food losses in developing countries.

**Infrastructure related problems** The road conditions in this village are really very bad. The roads are un-metalled and cannot be used during the monsoon season.

## COMMUNITY AWARENESS CONDUCTED ON

1. Awareness conducted on general health and hygiene. As a part of this program demonstrated the proper way of washing hands and educated the villagers about wearing mask
2. Awareness organized for the farmers about the negative impacts of excessive use of pesticide that there is a threat of groundwater contamination due to pesticide use by farmers. Awareness on judicious use of chemical fertilizers
3. Awareness on importance of using Leguminosae plants (Ground nuts, Black gram etc) as alternate crop for crop rotation
4. Awareness on judicious use of chemical fertilizers. And advised to use organic manure and cow urine for crops as they are rich in nitrogen and proved that they are antimicrobial.
5. Awareness organized for the farmers about the implementation of direct borewell recharge wherever possible to improve the availability of water for drinking and irrigation needs.
- 6.. Awareness organized for the farmers about the negative impacts of excessive use of pesticide that there is a threat of groundwater contamination due to pesticide use by farmers. Awareness on judicious use of chemical fertilizers
7. Awareness on importance of using Leguminosae plants (Ground nuts, Black gram etc) as alternate crop for crop rotation
8. Awareness on judicious use of chemical fertilizers. And advised to use organic manure and cow urine for crops as they are rich in nitrogen and proved that they are antimicrobial.
9. Awareness organized to people on segregation and disposal of waste. Suggested them to separate waste into bio degradable and non-degradable items before disposal
10. Awareness given on importance introduction of millets in diet.
11. Awareness given on importance of consuming eggs in diet in daily life
12. Importance of having herbal decoctions early morning in daily life to boost their immunity apart from improving the digestion.

13. Awareness organized for the farmers about the implementation of direct borewell recharge wherever possible to improve the availability of water for drinking and irrigation needs.
14. Awareness organized on the harmful effects of consumption of junk food and polished food and their related consequent problems like obesity and B. P.
- 15.. Awareness given on various topics such as understanding food labels, healthy snacking, healthy breakfast, healthful eating at home and out and food hygiene

## **OUTCOMES**

1. Utilize knowledge from the physical and biological sciences as a basis for understanding the role of food and nutrients in health and disease processes.
2. Provide nutrition counseling and education to individuals, groups, and communities throughout the lifespan using a variety of communication strategies.
3. Evaluate nutrition information based on scientific reasoning for clinical, community, and food service application.
4. Apply technical skills, knowledge of health behavior, clinical judgment, and decision-making skills when assessing and evaluating the nutritional status of individuals and communities and their response to nutrition intervention.
5. Implement strategies for food access, procurement, preparation, and

safety for individuals, families, and communities.

6. Perform food management functions in business, health-care, community,

and institutional arenas.

7. Practice state-of-the-art nutrition care in collaboration with other health

care providers in interdisciplinary settings within the bounds of ethical, legal, and professional practice standards.

8. Provide culturally competent nutrition services for individuals and communities.

9. Accurately interpret data and research literature to solve complex problems.

10. Critically evaluate information on food science and nutrition issues appearing in the popular press.

11. Analyze the environmental dimensions of issues facing professionals.

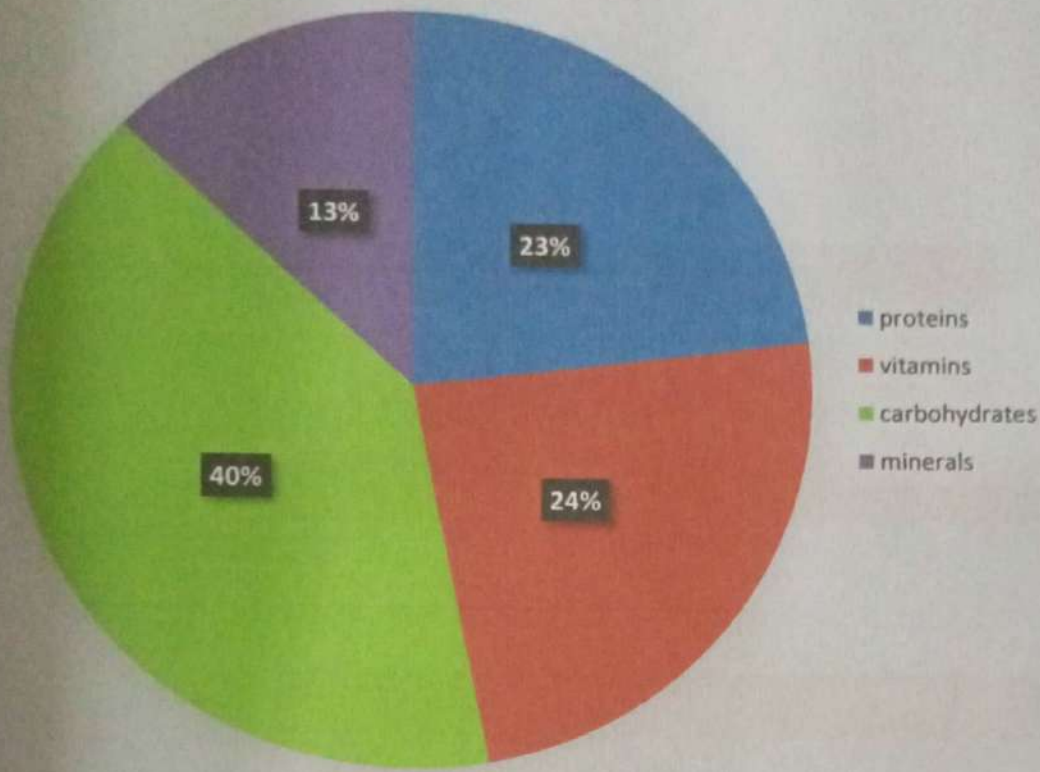
12. Demonstrate creativity in the discipline in ways that have practical benefits.

13. Competence in the skills of assessment, planning, management and evaluation of food service, nutrition and dietetic services in institutional food, community nutrition, and clinical dietetics settings.

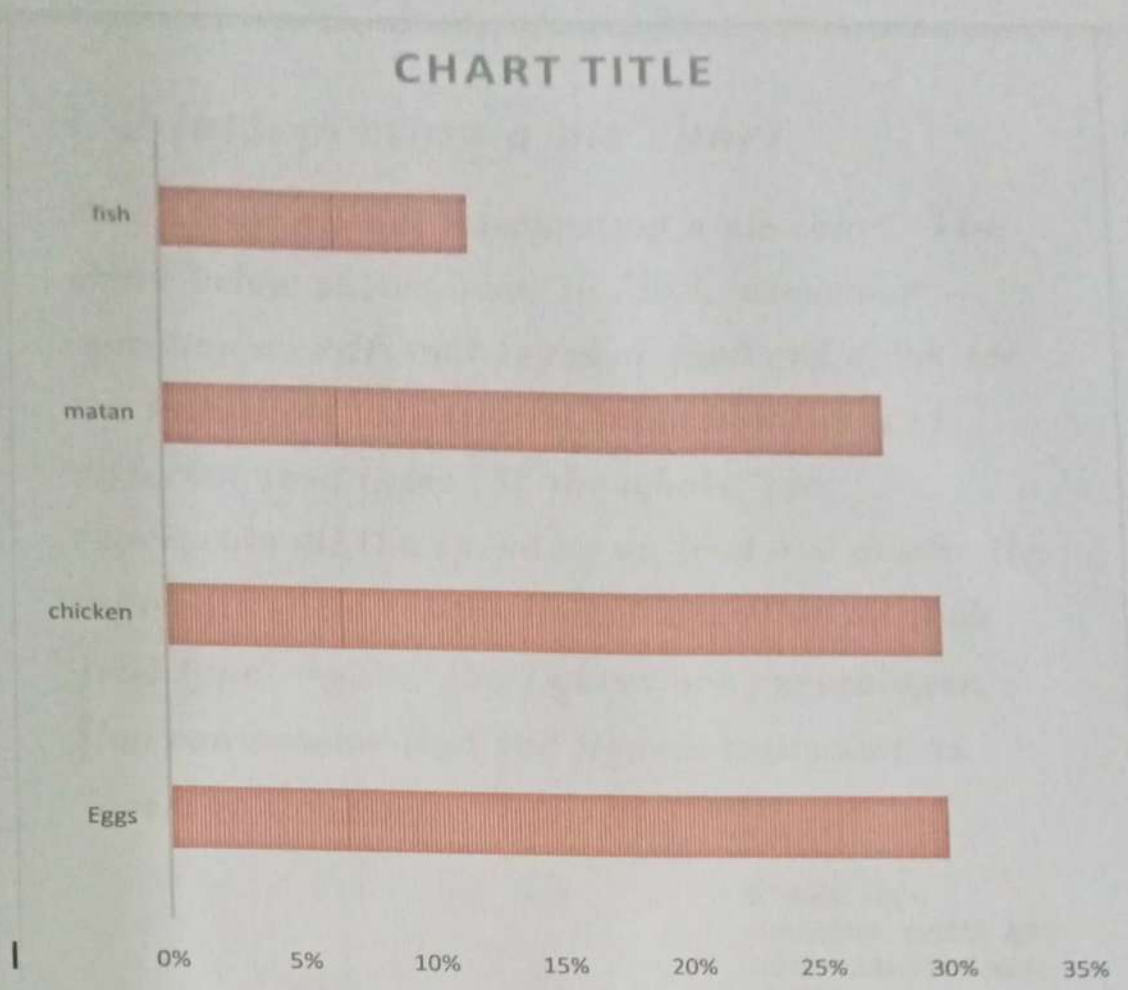
14. Students will utilize advanced principles of health literacy, including critical thinking skills, literature searches, data collection and interpretation, necessary for the implementation of food and nutrition

# RESULTS

Chart Title



In the above pie chart shows the proteins 23% and vitamins 24% and minerals 13% and carbohydrates 40%

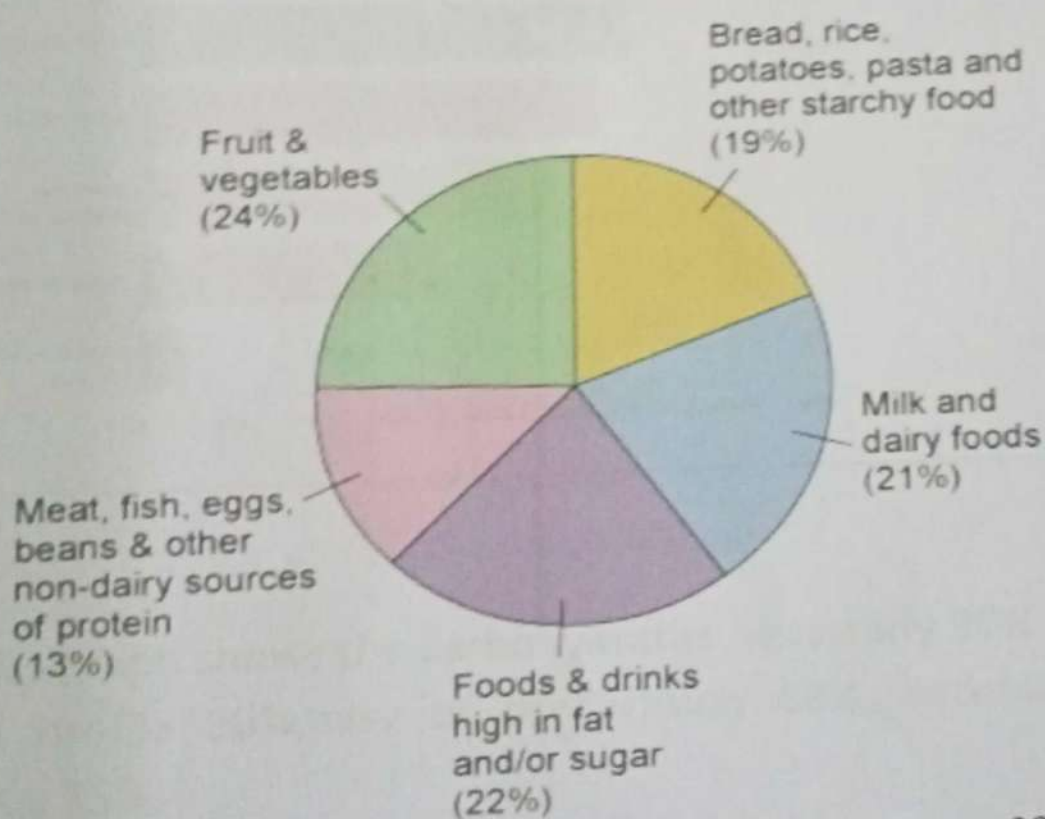


In the above graph shows fish 8% and mattan27% and chicken 30% and egg 30%.

In the first phase of the survey, A total of 50 houses were surveyed. Some individuals refused to provide data, But after convincing them they provided the data. The mean age of the respondents was 58.6 years. Furthermore, 58.6 of the participants were male (2,288 of 3,715), And 34 were female participants. In this socio economic survey found some problems and awareness conducted on the problems identified.

## 1. 2 Interpreting a pie chart

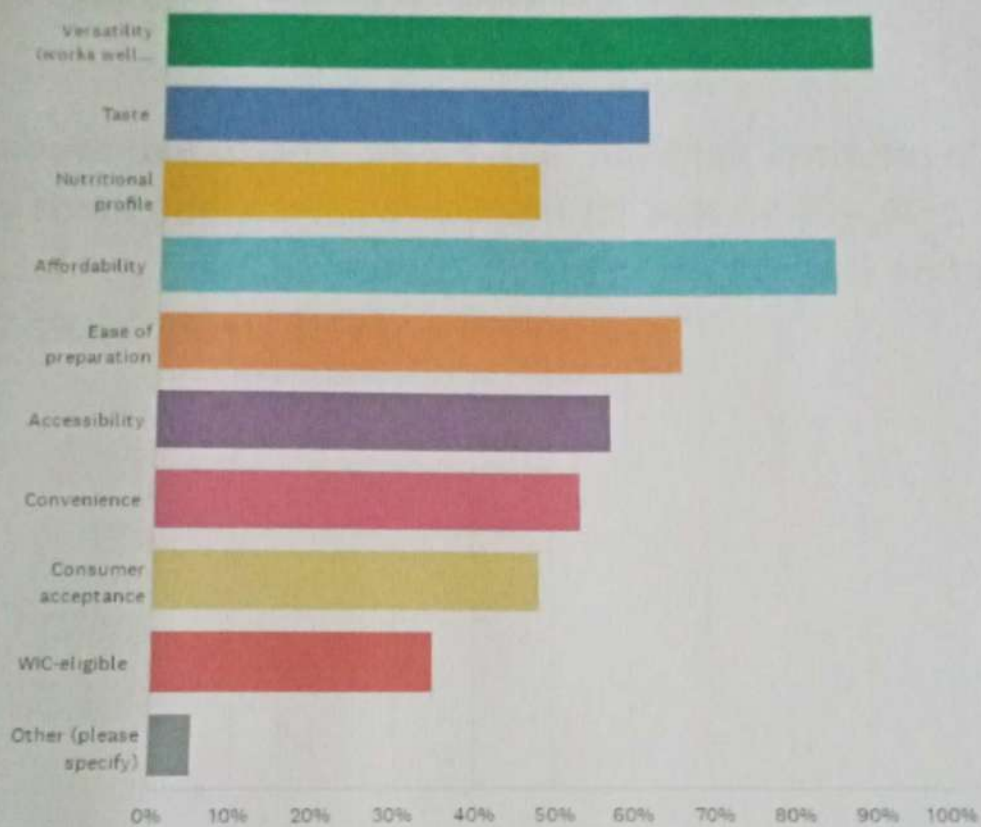
Now, have a go at interpreting a pie chart. The chart below shows how, in 2012, consumer spending on different types of food and drink for the household was spread between a range of different food types. If the whole 'pie' represents all the spending on food and drink, the segments show the portion of spending on each food type. Again, the figures are percentages. You can assume that the figures represent an 'average consumer'.



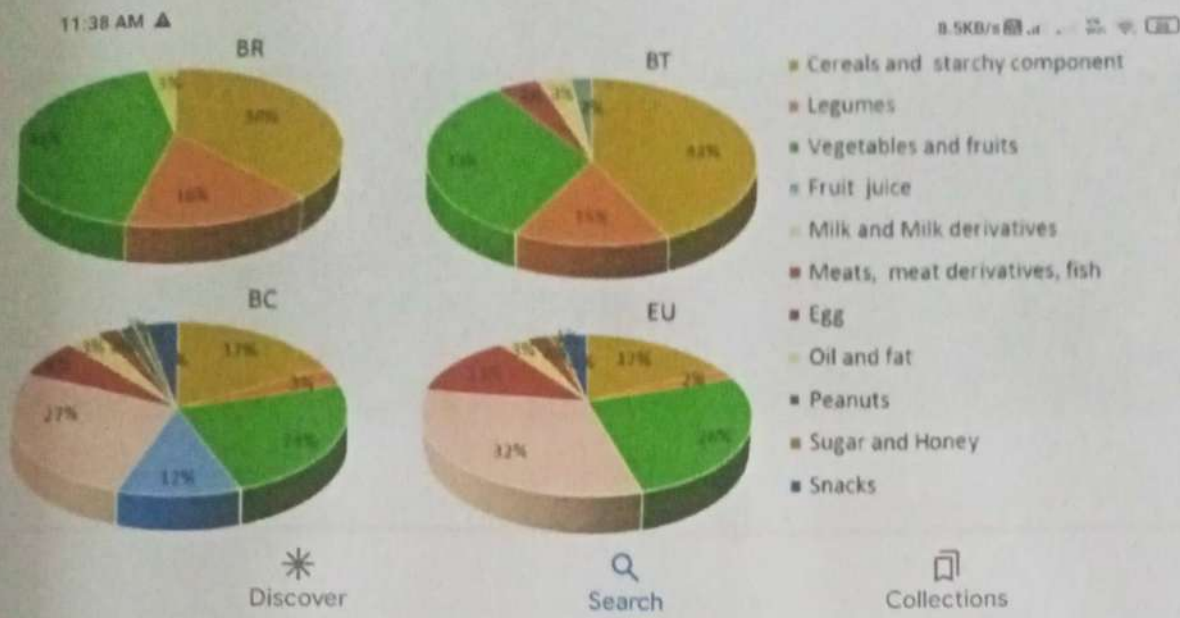
(Defra, 2013, p. 89)

**Figure 2 Consumer spending on food and drinks for the household. 2012**

Q6 What do you think is most appealing about rice? (check all that apply)



In the above graph shows the carbohydrates versatility 90% ,taste 60%, nutritional profile 50%,easy of preparation 68%, accessibility 59%, convenience 55%.



In the above pie charts shows the national institute of nutrition authority cereals and starch component BR 38%,BT 43%,BC 17%,EU 17% and vegetables, fruits BR 43%,BT 33%,BC 24%,EU 26% and Oil and fat BR 3%,BT 3%,BC 3%,EU 3%.etc.....



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Ph. No: 0891-2583282 Email: visakhapatnam.dcollege@gmail.com

Fax No: 0891-2558122



COMMUNITY SURVEY PROJECT FOR NUTRITION.

LOG BOOK

**Name of the Student** :V.Vimala

**Programme** :IIB.Sc(Biotechnology, Botany, chemistry)

**Reg.No** :E20204030

**MobileNo.** :8919583451

**NameoftheMentor** :Dr.S.Padmavathi

**Designation** :Lecturer in Botany

COMMUNITY SURVEY PROJECT FOR NUTRITION

**STUDENT PROFILE**

1. Name of the Student : V.Vimala
2. Date of Birth : 10/06/2003
3. Group : B.Sc.Bt.b.c(E/m)
4. Reg. No. : E20204030
5. Caste&Category : Telaga (oc)
6. Gender : Female
7. BloodGroup : B+
8. Aadhar Number : 581696398852
9. Address : 1-127N.Burjuvalasa therlam(mandal)535126
- 10.Mobile No : 8919583451
- 11.EmailId : vimala10062003@gmail.com
12. Student signature : v.vimala

GOVERNMENT COLLEGE (A): MADDILAPALEM SOCIAL SERVICE PROJECT  
LOGBOOK

S.No	Date	Work Done	No. of Hours Spent
1	1/6/2022	Allotment of Mentor	2hrs
2	2/6/2022	Information on present location given to Mentor	5hrs
3	3/6/2022	Orientation on Community Service Project	2hrs
4	4/6/2022	Using Google Docs, Geo-tagging of photos	2hrs
5	5/6/2022	Socio-Economic Survey - no. of houses visite - 10	1hr
6	6/6/2022	Socio-Economic Survey - no. of houses visited -10	1hr
7	7/6/2022	Socio-Economic Survey - no. of houses visited - 20	3hrs
8	8/6/2022	Socio-Economic Survey - no. of houses visited -20	3hrs
9	9/6/2022	Socio- Economic survey- no.of houses visited - 5	1hr
10	10/6/2022	Socio- Economic survey- no. Of houses visited -5	1hr
11	11/6/2022	Awareness conducted on health and hygiene	2hrs
12	12/6/2022	Awareness conducted on Importance of food	3hrs
13	13/6/2022	Awareness conducted on Importance of Balanced diet	4hrs
14	14/6/2022	Awareness conducted on Importance of Carbohydrates	4hrs
15	15/6/2022	Awareness conducted on Importance of Vitamins	2hrs
16	16/6/2022	Awareness conducted on Importance of Minarals	3hrs
17	17/6/2022	Awareness conducted on Importance of Proteines	2hrs
18	18/6/2022	Awareness conducted on Importance of Immunity	2hrs
19	19/6/2022	Survey conducted on nutrition Importance of Supported to muscle	2hrs
20	20/6/2022	Survey conducted on nutrition Importance of Strenthness of bones	3hrs
21	21/6/2022	Survey conducted on nutrition Importance of skin teeth and eyes healt	3hrs
22	22/6/2022	Survey conducted on nutrition Importance of boosts immunity	4hrs
23	23/6/2022	Survey conducted on nutrition Importance of Functions of digestive system	2hrs

24	24/6/2022	Survey conducted on nutrition Importance of lowers risk of Heart disease	3hrs
25	25/6/2022	Survey conducted on nutrition Importance of growth and development.	3hrs

S.N	Date & time of visit	Name of the person interviewed	House address	Gender & age	Mobilenumbr	Observations made during survey
Day 1	04/06/2022 11.00am	B.Hemalatha	N.Burjuvalasa therlam (mandal)535126 house no.1-142	25	Nil	They are taking in fruits day by day
	04/06/2022 11.40am	V.Narayanamma	N.Burjuvalasa therlam (mandal)535126 house no.1-142	52	Nil	They are only taking in fruits and vegetabless
	04/06/2022 12.00pm	B.Balaram	N.Burjuvalasa therlam (mandal)535126 house no.1-142	29	7036596934	They are taking proteins only they are suffering from carbohydrates
	04/06/2022 3.00pm	B.Srinu	N.Burjuvalasa therlam(mandal) 535126 house no.	22	9014047504	They are suffering from daily diet
	04/06/2022 4.00pm	B.Santhi kumari	N.Burjuvalasa therlam(mandal)535126 house no.1-143	26	8897323992	They are taking in only fruits suffering from carbohydrates,fats
	04/06/2022 5.00pm	B.Thirupathi	N.Burjuvalasa therlam(mandal)535126 house no.1-143	32	8897323992	They are taking in carbohydrates more but less than proteins

05/06/2022 10.00am	B.Lakshmi	N.Burjuvalasa therlam(manda l)535126 house no.1-144	45	Nil	They are taking suffering from carbohydrates, fats and vitamin
05/06/2022 11.00pm	B.Sattemma	N.Burjuvalasa 535126 1-145	55	Nil	They are suffering from only proteins
05/06/2022 11.30pm	B.Chandram ma	N.Burjuvalasa 535126 House no.1-148	36	Nil	They are suffering from only carbohydrates
05/06/2022 12.00pm	B.Ramarao	N.Burjuvalas a 535126house no 1-149	43	Nil	They are suffering from proteins and vitamins
05/06/2022 3.00pm	B.Venkatiratn am	N.Burjuvalasa 535126house no 1- 138	31	6304552650	They are suffering from fruits and vegetables
06/06/2022 10.00am	G.Suresh	N.Burjuvalasa 535126house no 1-129	25	8897323992	Nutrition balanced diet can helps increase the energy level
06/06/2022 10.30am	V.Ravanam ma	N.Burjuvalasa 535126	51	Nil	They are suffering from amino acid and vitamins
06/06/2022 11.00am	V.Appalaraju	N.Burjuvalasa 535126. 1-110	52	Nil	They are suffering from more carbohydrates and less vitamins
06/06/2022 12.00pm	B.Narasamm a	N.Burjuvalasa 535126 1-137	43	Nil	They are suffering from amino acids in only
06/06/ 2022. 3.00pm	B.Thrinadh	N.Burjuvalasa 535126,1-145	32	9945373521	They are taking in only minerals suffering from carbohydrates
07/06/2022. 10.00am	V .Anusha	N.Burjuvalasa 535126,1-127	20	9989735018	They are suffering from B.P eat take only fruits and vegetableness

08/06/2022 3.00pm	B.Lakshmi	N.Burjuvalasa 535126,1-153	45	Nil	They are take more rice and vegetables they suffering from fruits
08/06/2022 4.00pm	B.Laxmana rao	N.Burjuvalasa 535126,1- 155	35	Nil	They are suffering from proteins and minerals
08/06/2022 5.00pm	B.Chinnari	N.Burjuvalasa 535126,1- 173	33	8106101883	They are suffering from amino acids
09/06/2022. 10.00am	B.Laxmana rao	N.Burjuvalasa 535126,1- 111	32	8106101883	She is suffering from sugar she is eat only fuitsand legum
09/06/2022. 11.00am	B.Narayana Rao	N.Burjuvalasa 535126,1- 123	55	Nil	he is suffering from carbohydrates
09/06/2022. 3.00pm	B.Sethayya mma	N.Burjuvalasa 535126,1- 126	60	Nil	They are suffering from carbohydrates and fats .
09/06/2022. 4.00pm	B.Prasad	N.Burjuvalasa 535126,1- 137	18	9391480770	He is take only millets suffering from carbohydrates
09/06/2022 . 4.30 pm	B.Surya	N.Burjuvalasa 535126,1- 138	35	8897323992	They are take only carbohydrates suffering from proteins and minerals
09/06/2022 . 5.00 pm	B.Govindamm a	N.Burjuvalasa 535126,1- 122	44	Nil	They are take only carbohydrates they are suffering from proteins and minerals and vitamins
10/06/2022 10.00am	Ch.Ramu	N.Burjuvalasa 535126,1-129	49	Nil	They are suffering from vegetables and fruits
10/06/2022. 11.00am	Ch.Madhu	N.Burjuvalasa 535126,1-125	38	Nil	They are suffering from proteins

10/06/2022. 4.00pm	S.Bhanu prakash	N.Burjuvalasa 535126,1-133	23	Nil	They are suffering from proteins and amino acids
10/06/2022. 5.00pm	S.Nelaveni	N.Burjuvalasa 535126,1-133	45	Nil	They are take riceand vegetables and millets they are not suffering from daily diet
10/06/2022 6.00pm	S.Sang am	N.Burjuvalasa 535126,1-133	59	73827 93849	They are suffering from proteins and minerals and fats

v.vimala

Student signature

GOVERNMENT COLLEGE (A)

MADDILAPALEM SOCIAL

SERVICE PROJECT

LOG BOOK

Survey related photos





Burjivalasa, ఆంధ్ర ప్రదేశ్, India  
GH78+V7P, Burjivalasa, ఆంధ్ర ప్రదేశ్ 535557, India  
Lat 18.515272°  
Long 83.565959°  
18/06/22 04:00 PM



Burjivalasa, ఆంధ్ర ప్రదేశ్, India  
GH78+V7P, Burjivalasa, ఆంధ్ర ప్రదేశ్ 535557, India  
Lat 18.515272°  
Long 83.565959°  
18/06/22 03:52 PM



Burjivalasa, ఆంధ్ర ప్రదేశ్, India  
GH78+V7P, Burjivalasa, ఆంధ్ర ప్రదేశ్ 535557, India  
Lat 18.515272°  
Long 83.565959°  
18/06/22 04:00 PM



Burjivalasa, ఆంధ్ర ప్రదేశ్, India  
GH78+V7P, Burjivalasa, ఆంధ్ర ప్రదేశ్ 535557, India  
Lat 18.515272°  
Long 83.565959°  
18/06/22 03:58 PM



Burjivalasa, ఆంధ్ర ప్రదేశ్, India  
GH78+V7P, Burjivalasa, ఆంధ్ర ప్రదేశ్ 535557, India  
Lat 18.515272°  
Long 83.565959°  
18/06/22 03:57 PM



Burjivalasa, ఆంధ్ర ప్రదేశ్, India  
GH78+V7P, Burjivalasa, ఆంధ్ర ప్రదేశ్ 535557, India  
Lat 18.515189°  
Long 83.565915°  
08/06/22 06:16 PM



Burjivalasa, ఆంధ్ర ప్రదేశ్, India  
GH78+V7P, Burjivalasa, ఆంధ్ర ప్రదేశ్ 535557, India  
Lat 18.515152°  
Long 83.56613°



Burjivalasa, ఆంధ్ర ప్రదేశ్, India  
GH78+V7P, Burjivalasa, ఆంధ్ర ప్రదేశ్ 535557, India  
Lat 18.51535°  
Long 83.566145°



Burjivalasa, ఆంధ్ర ప్రదేశ్, India  
GH78+V7P, Burjivalasa, ఆంధ్ర ప్రదేశ్ 535557, India  
Lat 18.515251°  
Long 83.565886°



Burjivalasa, ఆంధ్ర ప్రదేశ్, India  
GH78+V7P, Burjivalasa, ఆంధ్ర ప్రదేశ్ 535557, India  
Lat 18.515272°  
Long 83.565959°  
07/06/22 08:58 PM



Burjivalasa, ఆంధ్ర ప్రదేశ్, India  
GH78+V7P, Burjivalasa, ఆంధ్ర ప్రదేశ్ 535557, India  
Lat 18.515272°  
Long 83.565959°  
07/06/22 08:58 PM



Burjivalasa, ఆంధ్ర ప్రదేశ్, India  
GH78+V7P, Burjivalasa, ఆంధ్ర ప్రదేశ్ 535557, India  
Lat 18.515272°  
Long 83.565959°  
08/06/22 11:13 AM



Burjivalasa, ఆంధ్ర ప్రదేశ్, India  
GH78+V7P, Burjivalasa, ఆంధ్ర ప్రదేశ్ 535557, India  
Lat 18.515272°  
Long 83.565959°  
18/06/22 04:19 PM



Burjivalasa, ఆంధ్ర ప్రదేశ్, India  
GH78+V7P, Burjivalasa, ఆంధ్ర ప్రదేశ్ 535557, India  
Lat 18.515272°  
Long 83.565959°  
05/06/22 11:07 AM



Burjivalasa, ఆంధ్ర ప్రదేశ్, India  
GH78+V7P, Burjivalasa, ఆంధ్ర ప్రదేశ్ 535557, India  
Lat 18.515272°  
Long 83.565959°  
04/06/22 11:35 AM



Burjivalasa, ఆంధ్ర ప్రదేశ్, India  
GH78+V7P, Burjivalasa, ఆంధ్ర ప్రదేశ్ 535557, India  
Lat 18.515434°  
Long 83.565956°  
04/06/22 11:30 AM



Burjivalasa, ఆంధ్ర ప్రదేశ్, India  
GH78+V7P, Burjivalasa, ఆంధ్ర ప్రదేశ్ 535557, India  
Lat 18.515251°  
Long 83.565886°  
07/06/22 08:58 PM



Burjivalasa, ఆంధ్ర ప్రదేశ్, India  
GH78+V7P, Burjivalasa, ఆంధ్ర ప్రదేశ్ 535557, India  
Lat 18.515272°  
Long 83.565959°

Dr. V.S. Krishna Govt. Degree & P.G. College (A) Visakhapatnam  
DEPARTMENT OF BOTANY - SOCIO ECONOMIC SURVEY

Name of the student: V. Vimala

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: B. Balaram

Age: 29 Gender: M/F

Village/Area: N. Burtu Date: 04/06/22  
- Veluru

Social Status of Study Village/Area

Geographical and Administrative location of the village: GH78 + VTP, Burtuveluru (AP), India

Caste Profile: OC - [Telaga]

Lat 18.515272° Long 83.565959°

Religion Profile: Hindu

Education Profile: Intermediate

Occupational profile: Thape mashtori

Natural Resources:

Lives stock resources: -

Health profile: -

Infrastructural Facilities: 2) Health facilities Drinking water

Economic Status of Study Village/Area

Source of Income: 50,000

Type of House Building: Own/Rental

Availability of Agricultural land: Yes/No, If Yes 70cent acres

Agricultural land used for paddy, maize crops

Crops used in crop rotation paddy, maize, pulses

Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, wood

Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle Two-wheeler

Name of the Govt. Schemes received: Amma vodi, Raithu Bharosa

Jagananna Vidhya Deevana / Jagananna Vasathi Deevana/ Raithu Bharosa / Any other )

I. Specific Issues

Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

2) Availability of fruits and vegetables. Banana, Guava, Lemon,

3) Non-Availability of fruits / Vegetables. Apple, pine apple, grapes

4) Any other problems faced in the village? I have faced a few problems in my village water problem for the farmers, washroom not available, drinking water not availability, not better education, not available library, poor agriculture marketing, lower living standards.

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?

chicken, mutton, fish, egg

2. Which vegetarian food you take most?

All type of vegetarian food every

3. How often do you take dry fruits? To get maximum health benefits of dry fruits

you can eat 4-7 pieces of each daily

4. Whether you are taking fresh fruits? yes

5. How often do you take eggs? To get maximum health benefits of eggs he can eat 4 egg daily

6. How often do you take leafy vegetables? He can eat 3-4 portions per day

7. How often do you take dry fruits? He can eat 2 fruits per day

8. How often do you eat millets? He can eat 90-100gm of millets per day

9. What did you have for breakfast? Rice, vegetable curry

10. What do you have for lunch? Rice, green vegetable and pulses

11. What do you have for dinner? chapathi, idly

12. What millets do you have? Ragi

13. What do you know about organic food? organic food is grown without the use of synthetic chemicals such as human made pesticides and fertilizers

14. Advisory on nutrition? food include meats, dairy products

it's best to eat a combination of animals and plants, meat, fish, egg, fruits, nuts, seeds as well as healthy fats

\* only and high-fat dairy products if you are healthy

Dr. V.S. Krishna Govt. Degree & P.G. College (A) Visakhapatnam  
DEPARTMENT OF BOTANY - SOCIO ECONOMIC SURVEY

Name of the student: V. Vimala

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: B. Gowindamma Age: 44 Gender: M/F Village/Area: N. Borsu Date: 04/06/22  
village

I. Social Status of Study Village/Area

a) Geographical and Administrative location of the village: GH 78 + VTP, Borsuvalaya (AP), India

b) Caste Profile: OC - (Telugu) Lat 18.515272° Long 83.565959°

c) Religion Profile: Hindu

d) Education Profile: -

e) Occupational profile: farmer

f) Natural Resources: -

g) Lives stock resources: -

h) Health profile: -

i) Infrastructural Facilities: 2) Health facilities Drinking water

II. Economic Status of Study Village/Area

a) Source of Income: 60,000

b) Type of House Building: Own/Rental

c) Availability of Agricultural land: Yes/No, If Yes Two acres

d) Agricultural land used for paddy, maize crops

e) Crops used in crop rotation paddy, maize, coffee, pulse

f) Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, wood

g) Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle -

h) Name of the Govt. Schemes received: Raithu Bharosa

Jagananna Vidhya Deevena / Jagananna Vasathi Deevena/ Raithu Bharosa / Any other )

III. Specific Issues

a) Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability of fruits and vegetables. Guava, lemon, papaya, coconut,
- 3) Non-Availability of fruits / Vegetables. Apple, pine apple, pomegranate,
- 4) Any other problems faced in the village?

I have faced two problems in my village

- 1) water problem for the farmer
- 2) education problem
- 3) poor marketing agriculture

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?  
chicken, egg, mutton
2. Which vegetarian food you take most?  
Bottle gourd, lady finger, cucumber, bitter melon etc.
3. How often do you take dry fruits? NO
4. Whether you are taking fresh fruits? yes
5. How often do you take eggs? yes she can eat one egg each daily
6. How often do you take leafy vegetables? yes she can eat 3-4 portions per day
7. How often do you take dry fruits? NO
8. How often do you eat millets? yes she eat soya each daily
9. What did you have for breakfast? Rice, vegetable
10. What do you have for lunch? Rice, vegetable
11. What do you have for dinner? Rice, vegetable
12. What millets do you have? Ragi
13. What do you know about organic food? organic food farming is the produce food without the use of synthetic chemicals or genetically modified
14. Advisory on nutrition? components

\* nutrition is nourishment or energy that obtained from food consumed nutrition is eating healthy diet

ex:- carbohydrates, proteins.

Name of the student: V. Vimala

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: A. Shankar Rao Age: 50 Gender:  M /  F Village/Area: N. B. B. B. Date: 04/06/22  
-velaya

Geographical and Administrative location of the village: G.H. 78 + VTP, Basinvalaya (AP), India  
lat 18.515272° long 83.565959°

Caste Profile: OC - (Telaga)

Religion Profile: Hindu

Education Profile: —

Occupational profile: farmer

Natural Resources:

Lives stock resources: —

Health profile: —

Infrastructural Facilities: 2) Health facilities Drinking water

### II. Economic Status of Study Village/Area

Source of Income: 60,000

Type of House Building:  Own /  Rental

Availability of Agricultural land: Yes/No, If Yes Two acres

Agricultural land used for paddy, maize crops

Crops used in crop rotation paddy, maize, cotton, pulses

Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, wood

Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle Two wheeler

Name of the Govt. Schemes received: Raithu Bharosa

Jagananna Vidhya Deevana / Jagananna Vasathi Deevana/ Raithu Bharosa / Any other )

### III. Specific Issues

Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability or of fruits and vegetables. Guava, lemon, papaya, coconut etc
- 3) Non-Availability of fruits / Vegetables. Apple, pine apple, grapes, strawberry
- 4) Any other problems faced in the village?

I have faced two problems in my village

- 1) water problem for the farmers
- 2) poor marketing agriculture

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?  
chicken, mutton, fish, egg
2. Which vegetarian food you take most?  
ladyfinger, brinjal, cucumber, and bitter guard etc.
3. How often do you take dry fruits? NO
4. Whether you are taking fresh fruits? NO
5. How often do you take eggs? yes he can eat 2 egg each week
6. How often do you take leafy vegetables? yes he can eat 3-4 portions per day
7. How often do you take dry fruits? NO
8. How often do you eat millets? yes he can eat 50gm of each daily
9. What did you have for breakfast? Rice, vegetable
10. What do you have for lunch? Rice, chicken, mutton, egg
11. What do you have for dinner? Rice, chicken, mutton, fish
12. What millets do you have? Ragi
13. What do you know about organic food? organic farming is better for the environment and more sustainable
14. Advisory on nutrition?

\* nutrition is about eating a healthy and balanced diet  
\* food and drink provide the energy and nutrients you need to be healthy

ex:- carbohydrates, vitamins

Dr. V.S. Krishna Govt. Degree & P.G. College (A) Visakhapatnam  
DEPARTMENT OF BOTANY - SOCIO ECONOMIC SURVEY

Name of the student: V. Vimala

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: A. Lakshmi

Age: 45 Gender: M/F

Village/Area: N. Borsu Date: 04/06/22  
Telaga

I. Social Status of Study Village/Area

a) Geographical and Administrative location of the village: GH 78 + V7P Borsulavasa (AP), India

b) Caste Profile: OC - (Telaga)

Lat 18.515272° long 83.565959°

c) Religion Profile: Hindu

d) Education Profile: A : -

e) Occupational profile: farmer

f) Natural Resources:

g) Lives stock resources: -

h) Health profile: -

i) Infrastructural Facilities: 2) Health facilities Drinking water

II. Economic Status of Study Village/Area

a) Source of Income: 50,000

b) Type of House Building: Own/Rental

c) Availability of Agricultural land: Yes/No, If Yes Two acres

d) Agricultural land used for paddy, maize crops

e) Crops used in crop rotation paddy, maize, cotton, pulses

f) Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, wood

g) Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle Two wheeler

h) Name of the Govt. Schemes received: Amma vodi

Jagananna Vidhya Deevena / Jagannanna Vasathi Deevena/ Raithu Bharosa / Any other )

III. Specific Issues

a) Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability of fruits and vegetables. Guava, lemon, papaya, coconut  
 3) Non-Availability of fruits / Vegetables. Apple, pine apple, grapes, Strawberry  
 4) Any other problems faced in the village?

I have faced few problems in my village

- 1) water problems for the farmers
- 2) Drinking water problem
- 3) irrigation problem

**Survey On Nutrition**

Vegetarian / Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?  
chicken, mutton, egg
2. Which vegetarian food you take most?  
vegetables, brinjal, potato, cucumber, lady finger
3. How often do you take dry fruits? NO
4. Whether you are taking fresh fruits? NO
5. How often do you take eggs? yes
6. How often do you take leafy vegetables? yes he can eat 3-4 portions per day
7. How often do you take dry fruits? NO
8. How often do you eat millets? NO
9. What did you have for breakfast? Rice, vegetable
10. What do you have for lunch? Rice, chicken, mutton, egg
11. What do you have for dinner? Rice, chicken, mutton
12. What millets do you have? Bajra
13. What do you know about organic food? organic foods are not necessarily chemically free, but the pesticide residues will be considerably
14. Advisory on nutrition? synthetic chemical

\* nutrition is about eating a healthy and balanced diet  
 \* food and drink provide the energy and nutrients you to be healthy

ex. - carbohydrates, vitamins

Dr. V.S. Krishna Govt. Degree & P.G. College (A) Visakhapatnam  
DEPARTMENT OF BOTANY - SOCIO ECONOMIC SURVEY

Name of the student: V. Vimala

Name of the Lecturer. Dr. S. Padmavathi

Name of the Respondent: B. Thirunadh. Age: 32 Gender: M/F Village/Area: N. B. Boty Valaya Date: 04/06/20

I. Social Status of Study Village/Area

- a) Geographical and Administrative location of the village: GH78 + VTP, B. Boty Valaya (AP),  
lat 18.515272° long 83.565950
- b) Caste Profile: OC - (Telaga)
- c) Religion Profile: Hindu
- d) Education Profile: 10th class
- e) Occupational profile: farmer
- f) Natural Resources:
- g) Lives stock resources: —
- h) Health profile: —
- i) Infrastructural Facilities: 2) Health facilities Drinking water

II. Economic Status of Study Village/Area

- a) Source of Income: 50,000
- b) Type of House Building: Own/Rental
- c) Availability of Agricultural land: Yes/No, If Yes Two acres
- d) Agricultural land used for paddy, maize crops
- e) Crops used in crop rotation paddy, maize, pulses, cotton
- f) Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, wood
- g) Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle Two wheeler vehicle
- h) Name of the Govt. Schemes received: Anna vadi, Raithu Bharosa  
(Jagananna Vidhya Deevana / Jagananna Vasathi Deevana/ Raithu Bharosa / Any other )

III. Specific Issues

- i) Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability or of fruits and vegetables. Banana, Guava, Lemon
- 3) Non-Availability of fruits / Vegetables. Apple, Pine apple, grapes
- 4) Any other problems faced in the village?

I have faced few problems in my village -

- 1) water problems for the farmer
- 2) homolumeny, violence and crime
- 3) unemployment, illiteracy, vehicle problems

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?  
chicken, mutton, fishes, eggs.
2. Which vegetarian food you take most?  
green vegetables, dhole, lady-finger, bitter guard, cucumber, etc.
3. How often do you take dry fruits? He can eat 2-3 pieces of each daily
4. Whether you are taking fresh fruits? yes
5. How often do you take eggs? He can eat one egg daily
6. How often do you take leafy vegetables? He can eat 3-4 portions per day
7. How often do you take dry fruits? He can eat 2-3 pieces of each daily
8. How often do you eat millets? He can not eat millets
9. What did you have for breakfast? Rice, vegetables, chicken, mutton, fish
10. What do you have for lunch? Rice, vegetable, green vegetables, fish, egg
11. What do you have for dinner? chapatti, puri, idly
12. What millets do you have? Bajri, pearl millet
13. What do you know about organic food? organic food is grown without the synthetic chemicals such as human made pesticides and fertilizers etc.
14. Advisory on nutrition? includes meats, dairy products

\* it's best to eat a combination of animals and plants meat, egg, fruits, nuts, seeds as well as healthy fats

\* oil and high-fat dairy products, if you are healthy

Dr. V.S. Krishna Govt. Degree & P.G. College (A) Visakhapatnam  
DEPARTMENT OF BOTANY - SOCIO ECONOMIC SURVEY

Name of the student: V. Vimala

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: Chinnathodu Age: 48 Gender: M/F  Village/Area: N. B. V. V. Date: 04/06/22  
Valaya

I. Social Status of Study Village/Area

Geographical and Administrative location of the village: G+178 + V7P B. V. V. Valaya (AP), India

Caste Profile: OC - (Telaga) Lat 18.515272° long 83.565959°

Religion Profile: Hindu

Education Profile: -

Occupational profile: farmer

Natural Resources: -

Lives stock resources: -

Health profile: knee pain

Infrastructural Facilities: 2) Health facilities Drinking water

II. Economic Status of Study Village/Area

Source of Income: 50,000

Type of House Building: Own/Rental

Availability of Agricultural land: Yes/No, If Yes two acres

Agricultural land used for paddy, maize crops

Crops used in crop rotation paddy, maize, cotton, pulses

Type of cooking fuel used: LPG / Kerosene / Electricity / Wood / others specify LPG, wood

Do you have vehicle: Two-wheeler / Auto / Car / Any other vehicle -

Name of the Govt. Schemes received: Raithu Bharosa

Jagananna Vidhya Deevana / Jagananna Vasathi Deevana / Raithu Bharosa / Any other )

III. Specific Issues

Health issues (Diabetes, B. P., Knee  Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability of fruits and vegetables. Guava, lemon, papaya, coconut,  
 3) Non-Availability of fruits / Vegetables. Apple, pineapple, pomegranate, grapes,  
 4) Any other problems faced in the village?

I have faced these problems in my village

- 1) water problem for the farmers
- 2) poor marketing agriculture
- 3) unemployment 4) crime 5) violence

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?

chicken, mutton, egg

2. Which vegetarian food you take most?

leafy vegetables, Beans, cucumber, cabbage, carrot, ladyfinger

3. How often do you take dry fruits? NO

4. Whether you are taking fresh fruits? NO

5. How often do you take eggs? <sup>Yes</sup> He can eat one egg each daily

6. How often do you take leafy vegetables? Yes, he can eat 3-4 portions per day

7. How often do you take dry fruits? NO

8. How often do you eat millets? Yes, he can eat 50gms millets of per day

9. What did you have for breakfast? Rice, vegetables

10. What do you have for lunch? Rice, vegetables, chicken, mutton

11. What do you have for dinner? Rice, vegetables, chicken, mutton, fish

12. What millets do you have? Ragi, pearl

13. What do you know about organic food? organic food the most commonly used  
 organic food are fruits, vegetables, grains, dairy products and meat

14. Advisory on nutrition?

\* nutrition is nourishment or energy that obtained from food  
 consumed nutrition is eating healthy diet  
 Ex:- carbohydrates, protein etc.

Name of the student: V. Vimala

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: B. Kumari

Age: 30 Gender: M/F

Village/Area: N. Borsu Date: 04/06/20  
Telangana

I. Social Status of Study Village/Area

- Geographical and Administrative location of the village: GH78 + V7P, Borsuvalasa (AP), India  
Lat 18.515272° long 83.565959°
- Caste Profile: OC - (Telanga)
- Religion Profile: Hindu
- Education Profile: 2nd class
- Occupational profile: farmer
- Natural Resources: —
- Lives stock resources: —
- Health profile: —
- Infrastructural Facilities: 2) Health facilities Drinking water

II. Economic Status of Study Village/Area

- Source of Income: 40,000
- Type of House Building: Own/Rental
- Availability of Agricultural land: Yes/No, If Yes one acres
- Agricultural land used for paddy, maize crops
- Crops used in crop rotation paddy, maize, cotton, pulses
- Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, wood
- Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle Two wheeler vehicle
- Name of the Govt. Schemes received: Amma vadi, Raitu Bharosa  
(Jagananna Vidhya Deevana / Jagananna Vasathi Deevana/ Raitu Bharosa / Any other)

III. Specific Issues

- Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

2) Availability of fruits and vegetables. Lemon, orange, banana, Guava

3) Non-Availability of fruits / Vegetables. Apple, pine apple, grapes

4) Any other problems faced in the village? I have faced few problems in village - water problem for the farmer, field fertilizers and pesticide for the farmer, unemployment, crime and violence

## Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?

chicken, Matar, fish, eggs

2. Which vegetarian food you take most?

Green vegetables, domestic, Butter guard, cucumber, brinjal, lady finger

3. How often do you take dry fruits? she can't eat 4-7 pieces of each daily

4. Whether you are taking fresh fruits? NO

5. How often do you take eggs? she can eat 4 eggs each week

6. How often do you take leafy vegetables? she can eat 3-4 portions per day

7. How often do you take dry fruits? she can eat 4-7 pieces of each daily

8. How often do you eat millets? she can eat millets 50gms per day

9. What did you have for breakfast? Rice, vegetables, chicken, Matar, eggs

10. What do you have for lunch? Rice, vegetables, chicken, Matar, fish, egg

11. What do you have for dinner? chapathi, puri, idly

12. What millets do you have? Ragi, pearl millet

13. What do you know about organic food? organic farming is the production of without use of synthetic chemicals or genetically modified components

14. Advisory on nutrition? ex: dairy products, frozen meals, drinks

\* May help you live longer

\* keeps skin, teeth, and eyes healthy

\* supports muscles

\* lower risk of heart disease type 2 diabetes and some cancer

Dr. V.S. Krishna Govt. Degree & P.G. College (A) Visakhapatnam  
DEPARTMENT OF BOTANY - SOCIO ECONOMIC SURVEY

Name of the student: V. Vimala

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: B. Ravanamma Age: 38 Gender: M/F Village/Area: N. B. B. V. Date: 05/06/22  
Velpa

I. Social Status of Study Village/Area

Geographical and Administrative location of the village: GH 78 + V 7P B. B. S. V. (AP), India

Caste Profile: OC - (Teluga) Lat 18.515272° Long 83.565959°

Religion Profile: Hindu

Education Profile: -

Occupational profile: Farmer

Natural Resources: -

Lives stock resources: -

Health profile: -

Infrastructural Facilities: 2) Health facilities Drinking water

II. Economic Status of Study Village/Area

Source of Income: 50,000

Type of House Building: Own/Rental

Availability of Agricultural land: Yes/No, If Yes two acres

Agricultural land used for paddy, maize crops

Crops used in crop rotation paddy, maize, pulses, cotton

Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, wood

Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle -

Name of the Govt. Schemes received: Amma Vodi

Jagananna Vidhya Deevena / Jagananna Vasathi Deevena/ Raithu Bharosa / Any other )

III. Specific Issues

Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability of fruits and vegetables papaya, coconut, banana, watermelon
- 3) Non-Availability of fruits / Vegetables apple, pineapple, strawberry, peach
- 4) Any other problems faced in the village?

I have faced few problems in my village

- 1) water problem for the farmers
- 2) poor agricultural marketing
- 3) school problem, unemployment

Survey On Nutrition

Vegetarian / Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?  
chicken, mutton, fish, egg
2. Which vegetarian food you take most?  
leafy vegetables, brinjal, cabbage, cucumber, tomatoes, capsicum
3. How often do you take dry fruits? she can eat 3-4 pieces of each daily
4. Whether you are taking fresh fruits? NO
5. How often do you take eggs? she can eat 3 egg ~~per~~ each week
6. How often do you take leafy vegetables? she can eat 3-4 portions per day
7. How often do you take dry fruits? she can eat 3-4 pieces of each daily
8. How often do you eat millets? NO
9. What did you have for breakfast? Rice, vegetable
10. What do you have for lunch? Rice, vegetable, chicken
11. What do you have for dinner? Rice, vegetable, fish, mutton
12. What millets do you have? Ragi, pearl
13. What do you know about organic food? organic food the most commonly used  
organic foods are fruits, vegetables, grains, dairy products and

14. Advisory on nutrition?

nutrition is nourishment or energy that obtained from food consumed  
 nutrition is eating healthy diet  
 ex:- carbohydrates, proteins etc...

Dr. V.S. Krishna Govt. Degree & P.G. College (A) Visakhapatnam  
DEPARTMENT OF BOTANY - SOCIO ECONOMIC SURVEY

Name of the student: V. Vimala

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: S. Venkata Subram Age: 31 Gender: M/F Village/Area: As. B. B. Date: 05/06/11  
At: \_\_\_\_\_

Geographical and Administrative location of the village: G/178 + V7P, Busipalasa (AP), India

Caste Profile: OC (Telaga) Lat: 18.515272° Long: 83.565959°

Religion Profile: Hindu

Education Profile: —

Occupational profile: farmer

Natural Resources: .

Lives stock resources: —

Health profile: —

Infrastructural Facilities: 2) Health facilities Drinking water

I. Economic Status of Study Village/Area

Source of Income: 50,000

Type of House Building: Own/Rental

Availability of Agricultural land: Yes/No, If Yes Two acres

Agricultural land used for Paddy, pulses crops

Crops used in crop rotation paddy, pulses, maize, cotton

Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, wood

Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle Two wheeler vehicle

Name of the Govt. Schemes received: Amma vadi, Raithu Bharosa

Jagananna Vidhya Deevana / Jagananna Vasathi Deevana/ Raithu Bharosa / Any other )

II. Specific Issues

Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability or of fruits and vegetables. Banana, Guava, Lemon, orange
- 3) Non-Availability of fruits / Vegetables. pomegranate, blackberry
- 4) Any other problems faced in the village? Apple, pine apple, grapes, Strawberry
- I have faced few problems in my village :- water pollution  
the farmers, housewives, crime and violence, poor organic  
marketing, lower living standards

### Survey On Nutrition

Vegetarian/ Non vegetarian

- Which non veg item you prefer most? / Which pulse you use most?  
chicken, mutton, fish, egg
- Which vegetarian food you take most?  
Green vegetables, brinjal, ladyfinger, Beetroot, cucumber, potato
- How often do you take dry fruits? she can eat dry fruits 4-7 pieces of each
- Whether you are taking fresh fruits? NO
- How often do you take eggs? she can eat weekly 3 eggs
- How often do you take leafy vegetables? she can eat 3-4 portions per day
- How often do you take dry fruits? she can eat dry fruits 4-7 pieces of each daily
- How often do you eat millets? she can eat millets 50gm per day
- What did you have for breakfast? Rice, vegetables
- What do you have for lunch? Rice, vegetables, mutton, chicken
- What do you have for dinner? chapatti, puri, idly etc.
- What millets do you have? Ragi
- What do you know about organic food? organic food is grown without toxic synthetic chemicals such as human made pesticides and fertilizers organic
- Advisory on nutrition? include meals and dairy products

- \* May help you live longer
- \* keeps skin, teeth, and eyes healthy.
- \* supports muscles
- \* lower risk of heart disease type 2 diabetes and some cancer.

Name of the student: V. Vimala

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: B. Appanna

Age: 48 Gender: M/F

Village/Area: N. B. B. V. Valaya Date: 05/06/22

I. Social Status of Study Village/Area

a) Geographical and Administrative location of the village:

GH78 + V7P B. B. B. Valaya (AP), India  
lat 18.515272° long 83.565959°

b) Caste Profile: OC - (Telaga)

c) Religion Profile: Hindu

d) Education Profile: -

e) Occupational profile: farmer

f) Natural Resources: -

g) Lives stock resources: -

h) Health profile: knee pain

i) Infrastructural Facilities: 2) Health facilities Drinking water

II. Economic Status of Study Village/Area

a) Source of Income: 60,000

b) Type of House Building: Own/Rental

c) Availability of Agricultural land: Yes/No, If Yes Two acres

d) Agricultural land used for paddy, maize crops

e) Crops used in crop rotation paddy, maize, pulses, cotton

f) Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, wood

g) Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle -

h) Name of the Govt. Schemes received: Raithu Bharosa

(Jagananna Vidhya Deevena / Jagananna Vasathi Deevena/ Raithu Bharosa / Any other )

III. Specific Issues

1) Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability or of fruits and vegetables. Coconut, papaya, lemon, banana
- 3) Non-Availability of fruits / Vegetables. Grapes, strawberry, tomato, brinjal
- 4) Any other problems faced in the village?

I have faced two problems in my village

- 1) water problem for the farmer
- 2) poor agriculture marketing

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?

Chicken, fish, mutton, egg

2. Which vegetarian food you take most?

Leafy vegetable, brinjal, cucumber, cabbage

3. How often do you take dry fruits? NO

4. Whether you are taking fresh fruits? Yes

5. How often do you take eggs? He can eat one egg each daily

6. How often do you take leafy vegetables? He can eat 3-4 portion per day

7. How often do you take dry fruits? NO

8. How often do you eat millets? He can eat 50gm daily of each daily

9. What did you have for breakfast? Rice, vegetable,

10. What do you have for lunch? Rice, vegetable, non vegetarian

11. What do you have for dinner? Rice, vegetable, non vegetarian

12. What millets do you have? Ragi, pearl

13. What do you know about organic food? organic food the most commonly used organic food are fruits, vegetable, grains, dairy products, and...

14. Advisory on nutrition?

→ nutrition is nourishment or energy that obtained from food consumed  
 nutrition is eating healthy diet

Ex:- carbohydrates, protein

Name of the student: V. Vimala

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: B. Thirupathi Rao Age: 32 Gender: M/F Village/Area: N. Borsu Date: 05/06/22  
Valsep

I. Social Status of Study Village/Area

a) Geographical and Administrative location of the village: GH78 + VIP, Borsu Valsep (AP), India  
lat 18.515272° long 83.565959

b) Caste Profile: OC - (Telaga)

c) Religion Profile: Hindu

d) Education Profile: -

e) Occupational profile: farmer

f) Natural Resources: -

g) Lives stock resources: -

h) Health profile: -

i) Infrastructural Facilities: 2) Health facilities Drinking water

II. Economic Status of Study Village/Area

a) Source of Income: 40,000

b) Type of House Building: Own/Rental

c) Availability of Agricultural land: Yes/No, If Yes one acres

d) Agricultural land used for paddy, maize crops

e) Crops used in crop rotation paddy, maize, pulses, cotton

f) Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, wood

g) Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle Two wheeler vehicle

h) Name of the Govt. Schemes received: Raithu Bharosa, Anna vodi

(Jagananna Vidhya Deevana / Jagananna Vasathi Deevana/ Raithu Bharosa / Any other)

III. Specific Issues

1) Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability or of fruits and vegetables. Banana, Guava, lemon, orange
- 3) Non-Availability of fruits / Vegetables. Strawberry, pomogrenate, gowapey, Apple
- 4) Any other problems faced in the village?

I have faced a few problems in my village :-

- 1) water problem for the farmers
- 2) poverty, illiteracy, unemployment
- 3) homelessness and crime and violence

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?

chicken, mutton, fish, eggs

2. Which vegetarian food you take most?

Green vegetable, brinjal, domestic, lady fingers, Butter guard, cucumber

3. How often do you take dry fruits?

he can eat 2-4 pieces each daily

4. Whether you are taking fresh fruits?

he can NO

5. How often do you take eggs?

He can eat 4 egg for each week

6. How often do you take leafy vegetables?

He can eat 3-4 portions per day

7. How often do you take dry fruits?

He can not eat dry fruits

8. How often do you eat millets?

He can not eat millets

9. What did you have for breakfast?

Rice, vegetable, mutton, chicken, egg

10. What do you have for lunch?

Rice, green vegetable, chicken, mutton, fish

11. What do you have for dinner?

Upma, Chapathi, puri, idly, dosa

12. What millets do you have?

Ragi, pearl

13. What do you know about organic food?

organic farming is the production of food without use of synthetic chemicals or genetically modified

14. Advisory on nutrition?

Ex:- dairy products, frozen meals, drinks.

- \* May help you live longer
- \* keeps skin, teeth, and eyes healthy
- \* support muscles
- \* lower risk of heart disease type 2 diabetes and some cancer



- 2) Availability or of fruits and vegetables. Banana, papaya, coconut, lemon, etc.
- 3) Non-Availability of fruits / Vegetables. Apple, pineapple, strawberry, mango
- 4) Any other problems faced in the village?

I have faced two problems in my village

- 1) water problem for the farmers
- 2) poor marketing agriculture

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?  
Chicken, mutton, egg
2. Which vegetarian food you take most?  
Leafy vegetables, Beans, cabbage, cucumber, lady finger etc.
3. How often do you take dry fruits? NO
4. Whether you are taking fresh fruits? NO
5. How often do you take eggs? He can eat 3 egg of each week
6. How often do you take leafy vegetables? He can eat 3-4 portions per day
7. How often do you take dry fruits? NO
8. How often do you eat millets? yes he can eat 50gm millets of each daily
9. What did you have for breakfast? Rice, vegetable
10. What do you have for lunch? Rice, vegetable, chicken, mutton
11. What do you have for dinner? Rice, vegetable, chicken, mutton
12. What millets do you have? Ragi
13. What do you know about organic food? organic food the most commonly pure organic foods are fruits, vegetables, grains, dairy products and meat
14. Advisory on nutrition?

nutrition is nourishment or energy that obtained from food  
consumed nutrition is eating healthy diet

ex:- carbohydrates, vitamins, proteins etc.

Name of the student: V. Vinoda

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: B. Chandrama, Age: 36, Gender: M/F, Village/Area: B. Burt, Date: 05/06/20  
Nuvulaga

I. Geographical and Administrative location of the village: GH78 + V7P, Bursuvulaga (AP), India  
Caste Profile: OC - (Telaga)  
Religion Profile: Hindu  
Education Profile: -  
Occupational profile: farmer  
Natural Resources: -  
Lives stock resources: -  
Health profile: -  
Infrastructural Facilities: 2) Health facilities Drinking water

II. Economic Status of Study Village/Area  
a) Source of Income: 70,000  
b) Type of House Building: Own/Rental  
c) Availability of Agricultural land: Yes/No, If Yes 2 (two) acres  
d) Agricultural land used for paddy, maize crops  
e) Crops used in crop rotation paddy, maize, cotton, pulse  
f) Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, wood  
g) Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle Two wheeler vehicle  
h) Name of the Govt. Schemes received: Raithu Bharosa,  
(Jagananna Vidhya Deevana / Jagananna Vasathi Deevana/ Raithu Bharosa / Any other )

III. Specific Issues  
1) Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability of fruits and vegetables. Guava, Orange, lemon, orange etc.
- 3) Non-Availability of fruits / Vegetables. Apple, pine-apple, pomegranate etc.
- 4) Any other problems faced in the village? I have faced a few problems in village :- water problems for the farmers, warehouse not available, vehicle not available, poor agriculture marketing, lower level

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?  
chicken, mutton, fish, egg
  2. Which vegetarian food you take most?  
Butter guard, brinjal, cucumber, dahi sticks, beans, leafy vegetables
  3. How often do you take dry fruits? she can eat 5-7 pieces of each daily
  4. Whether you are taking fresh fruits? yes
  5. How often do you take eggs? she can eat 1 egg each daily
  6. How often do you take leafy vegetables? she can eat 3-4 portions per day
  7. How often do you take dry fruits? she can eat two fruits per day
  8. How often do you eat millets? she can eat 80-90gm of millets per day
  9. What did you have for breakfast? rice, vegetable, egg, chicken
  10. What do you have for lunch? Rice, green vegetable, chicken mutton, egg
  11. What do you have for dinner? Chapati, pulse, idly etc.
  12. What millets do you have? Pagi
  13. What do you know about organic food? organic food is grown without the use of synthetic chemicals such as human made pesticides and fertilizers
  14. Advisory on nutrition? food includes meats, dairy products
- \* it's best to eat a combination of animals and plants meat, fish, egg, fruits, nuts, seeds as well as healthy fats
- \* oils and high-fat dairy products if you are healthy

Name of the student: V. Vimala

Name of the Lecturer, Dr. S. Padmavathi

Name of the Respondent: B. Lakshmi

Age 48 Gender: M

Village/Area (V. No.) Date 05/06/20

Geographical Status of Study Village/Area

Jundaga

Geographical and Administrative location of the village: GH 78 + V 77 BUDURUVALASA (AP), India

caste Profile: OC - (Telaga)

Lat 18.515272° Long 83.565959°

Religion Profile: Hindu

Education Profile: -

Occupational profile: farmer

Natural Resources: -

Lives stock resources: -

Health profile: knee pains

Infrastructural Facilities: 2) Health facilities Drinking water

Economic Status of Study Village/Area

Source of Income: 50,000

Type of House Building: Own/Rental

Availability of Agricultural land: Yes/No, If Yes one acres

Agricultural land used for paddy crops

Crops used in crop rotation paddy, pulses, maize

Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG & wood

Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle NO

Name of the Govt. Schemes received: Raithu Bharosa

Jagananna Vidhya Deevana / Jagananna Vasathi Deevana/ Raithu Bharosa / Any other )

III. Specific Issues

1) Health issues (Diabetes, B. P.,  Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability or of fruits and vegetables. Banana, papaya, coconut, lemon etc
- 3) Non-Availability of fruits / Vegetables. Apple, pineapple, strawberry, pomegranate
- 4) Any other problems faced in the village?

I have faced few problems in my village

- 1) water problem for the farmers
- 2) wheatboom problems
- 3) poor marketing agriculture
- 4) unemployment

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?  
Chicken, Mutton, egg
2. Which vegetarian food you take most?  
Leafy vegetable, Brinjal, potato, cabbage, cucumber, Lady finger
3. How often do you take dry fruits? NO
4. Whether you are taking fresh fruits? NO
5. How often do you take eggs? she can eat one egg of each daily
6. How often do you take leafy vegetables? she can eat 3-4 portions per day
7. How often do you take dry fruits? NO
8. How often do you eat millets? she can eat some of each daily
9. What did you have for breakfast? Rice, vegetable
10. What do you have for lunch? Rice, vegetable, chicken, mutton
11. What do you have for dinner? Rice, vegetable, chicken, mutton
12. What millets do you have? Ragi
13. What do you know about organic food? organic food ecological food or biology food are food and drink produced by methods complying with the
14. Advisory on nutrition? of organic farming

nutrition is nourishment or energy that obtained from food  
nutrition is eating a healthy diet

Ex:- carbohydrates, vitamins, proteins etc..

Name of the student: V. Vimala

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: B. prasanna

Age: 18 Gender:  M /  F

Village/Area: W. B. 054 Date: 06/06/22  
Village

**I. Social Status of Study Village/Area**

Geographical and Administrative location of the village:

Caste Profile: OC - (Telugu)

Religion Profile: Hindu

Education Profile: intermediate

Occupational profile: —

Natural Resources: —

Lives stock resources: —

Health profile: —

Infrastructural Facilities: 2) Health facilities Drinking water

**II. Economic Status of Study Village/Area**

Source of Income: 50,000

Type of House Building:  Own /  Rental

Availability of Agricultural land: Yes/No, If Yes Two acres

Agricultural land used for paddy, maize crops

Crops used in crop rotation paddy, maize, cotton, pulses

Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, wood

Do you have vehicle; Two-wheeler/ Auto/ Car/ Any other vehicle Two wheeler

Name of the Govt. Schemes received: —

Jagananna Vidhya Deevena / Jagananna Vasathi Deevena/ Raithu Bharosa / Any other )

**III. Specific Issues**

Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability or of fruits and vegetables. Banana, Orange, Lemon
- 3) Non-Availability of fruits / Vegetables. Apple, pineapple, grapes
- 4) Any other problems faced in the village? I have faced few problems in my village water problem for the farmer, washroom, not available drinking water not available, poor agriculture marketing, low schooling, not available for vehicle and very bad position in

**Survey On Nutrition**

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? /Which pulse you use most?  
Chicken, mutton, fish, egg
2. Which vegetarian food you take most?  
Beans, beans, green vegetables and potato, pulses
3. How often do you take dry fruits? He can eat 4-6 pieces of each daily
4. Whether you are taking fresh fruits? Yes
5. How often do you take eggs? He cant 4 egg per day
6. How often do you take leafy vegetables? He can eat 2 cups of one week
7. How often do you take dry fruits? He can eat 20 gm of nuts, fruits per day
8. How often do you eat millets? He can eat 50 gm of millets per day
9. What did you have for breakfast? Rice, Green vegetables
10. What do you have for lunch? Rice, Green vegetables
11. What do you have for dinner? Chapati, puri, idly
12. What millets do you have? Ragi, Pearl
13. What do you know about organic food? organic food is grown without the use of synthetic chemicals such as human made pesticides and fertilizers
14. Advisory on nutrition? food include meat, and dairy products, it's best to eat a combination of animals and plants, meat fish, egg, fruits, nuts, seeds as well as healthy fats, oils and high-fat dairy products if you are healthy



- 2) Availability or of fruits and vegetables. Banana, lemon, coconut, orange
- 3) Non-Availability of fruits / Vegetables. Apple, pine apple, strawberry, pomegranate
- 4) Any other problems faced in the village?

I have faced few problems in my village? -

- 1) water problems for the farmers
- 2) water problem
- 3) unemployment, school problems

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? /Which pulse you use most?

Chicken, mutton, fish

2. Which vegetarian food you take most?

leaf vegetables, bhajital, potato, tomato, pulses,

3. How often do you take dry fruits? He can eat 3-4 pieces of each daily

4. Whether you are taking fresh fruits? NO

5. How often do you take eggs? He can not eat eggs

6. How often do you take leafy vegetables? He can eat 3-4 portions per day

7. How often do you take dry fruits? He can eat 3-4 pieces of each daily

8. How often do you eat millets? He can eat 50gm of millets per day

9. What did you have for breakfast? Idly, dosa, cheppathu

10. What do you have for lunch? Rice, vegetables

11. What do you have for dinner? cheppathu, idly, dosa

12. What millets do you have? Ragi

13. What do you know about organic food? organic food is grown without the use of chemicals such as human made pesticides and fertilizers

14. Advisory on nutrition? includes meats and dairy products

\* it's best to eat a combination of animals and plenty meat  
fish, egg, fruits, nuts, seeds as well as healthy fats.

\* oils and high fat dairy products if you are healthy

Dr. V.S. Krishna Govt. Degree & P.G. College (A) Visakhapatnam  
DEPARTMENT OF BOTANY - SOCIO ECONOMIC SURVEY

Name of the student: V. Vinoda

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: V. Narayana Age: 22 Gender:  M /  F Village/Area: N. B. S. U. Date: 06/06/22  
village

Social Status of Study Village/Area

Geographical and Administrative location of the village:

Caste Profile: OC - [Telaga]

Religion Profile: Hindu

Education Profile: -

Occupational profile: farmer

Natural Resources:

Lives stock resources: -

Health profile: Diabetes

Infrastructural Facilities: 2) Health facilities Drinking water

Economic Status of Study Village/Area

Source of Income: 50,000

Type of House Building: Own/Rental

Availability of Agricultural land: Yes/No, If Yes one acres

Agricultural land used for paddy, maize crops

Crops used in crop rotation paddy, pulses, maize, cotton

Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, wood

Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle NO

Name of the Govt. Schemes received: pension

Jananna Vidhya Deevana / Jagananna Vasathi Deevana/ Raithu Bharosa / Any other )

Specific Issues

Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 3) Availability of fruits and vegetables. Banana, coconut, orange, lemon
- 3) Non-Availability of fruits / Vegetables. Apple, pine apple, Strawberry, grapes
- 4) Any other problems faced in the village? I have faced some problems in village water problems for the farmer, warehouse for drinking water not available, poor agriculture marketing, living, not available for government vehicles

### Survey On Nutrition

#### Vegetarian/ Non vegetarian

- Which non veg item you prefer most? / Which pulse you use most?  
chicken, mutton, fish, egg
- Which vegetarian food you take most?  
Beans, green vegetables and potato etc.
- How often do you take dry fruits? She can eat 3-4 pieces of each daily
- Whether you are taking fresh fruits? NO
- How often do you take eggs? She can eat 1 egg per day
- How often do you take leafy vegetables? She can eat 3-4 portions per day
- How often do you take dry fruits? She can eat 2 dry fruits per day
- How often do you eat millets? She can eat 20gm of millets per day
- What did you have for breakfast? Rice, green vegetable
- What do you have for lunch? Rice, corn, green vegetable
- What do you have for dinner? Chapati, dosa, idly, upma etc.
- What millets do you have? Ragi, pearl
- What do you know about organic food? Organic food is grown without the use of synthetic chemicals such as human-made pesticides and fertilizers
- Advisory on nutrition? Food includes meat and dairy products  
\* its best to eat a combination of animal and plant meat  
\* fruits, nuts, seeds as well as healthy fats.  
\* oils and high-fat dairy products if you are healthy

Name of the student: V. Virendra

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: V. Appala Raju Age: 52 Gender: M

Village/Area: V. B. ... Date: 06/06/22  
Village

Geographical and Administrative location of the village:

State Profile: OC - (Telanga)

GH 78 + VTP, B. W. T. ... (TP), India

Religion Profile: Hindu

Lat 18.515272 Long 83.565959

Education Profile: -

Occupational profile: farmer

Natural Resources:

Forest stock resources: -

Health profile: -

Infrastructural Facilities: 2) Health facilities Drinking water

Economic Status of Study Village/Area

Source of Income: 40,000

Type of House Building: Own/Rental

Availability of Agricultural land: Yes/No, If Yes one acres

Agricultural land used for paddy crops

Crops used in crop rotation: paddy, maize, pulses

Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, wood

Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle Two wheeler

Name of the Govt. Schemes received: Anna vadi, Raithe Bharosa

Jagananna Vidhya Deevana / Jagananna Vasathi Deevana/ Raithe Bharosa / Any other )

Specific Issues

Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability of fruits and vegetables. Banana, coconut, orange, lemon
- 3) Non-Availability of fruits / Vegetables. apple, pineapple, grapes, papaya
- 4) Any other problems faced in the village?

I have faced few problems in my village

1) water problem for the farmers

2) Drinking water problem

3) washroom

4) schools, road, vehicles

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?

chicken, mutton, fish, egg

2. Which vegetarian food you take most?

Bhenai, lady finger, tomatoes, drumstick, bitter melon, leafy vegetables

3. How often do you take dry fruits? He can eat 3-4 pieces of each daily

4. Whether you are taking fresh fruits? Yes

5. How often do you take eggs? He can eat 5-6 eggs of each daily

6. How often do you take leafy vegetables? He can eat 3-4 portions per day

7. How often do you take dry fruits? He can eat 3-4 pieces of each daily

8. How often do you eat millets? He can not eat millets

9. What did you have for breakfast? Rice, vegetable

10. What do you have for lunch? Rice, vegetable

11. What do you have for dinner? Rice, vegetable, chicken, mutton

12. What millets do you have? Ragi

13. What do you know about organic food? organic food farming is grown without synthetic chemical such as human made pesticides and fertilizers

14. Advisory on nutrition? ex:- meaty dairy products

It's best to eat a combination of animal and plants like fish, eggs, milk, seeds as well as healthy fats

Name of the student: V. Virendra

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: B. Sethayamma Age: 60 Gender: M/F Village/Area: N. Bifi, Udaya Date: 06/06/22

**Social Status of Study Village/Area**

Geographical and Administrative location of the village: GH78, Burjunelaya (AP), India  
Latitude: 18.515272° Longitude: 83.565959°

caste Profile: OC - [Telugu]

Religion Profile: Hindu

Education Profile: -

Occupational profile: farmer

Natural Resources: -

Livestock resources: -

Health profile: -

Infrastructural Facilities: 2) Health facilities Drinking water

**Economic Status of Study Village/Area**

Source of Income: 30,000

Type of House Building: Own / Rental

Availability of Agricultural land: Yes/No, If Yes 50 cent acres

Agricultural land used for paddy crops

Crops used in crop rotation paddy, mung & pulses

Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, wood

Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle NO

Name of the Govt. Schemes received: Raithu Bharosa, Pension

Jagananna Vidhya Deevana / Jagananna Vasathi Deevana/ Raithu Bharosa / Any other )

**Specific Issues**

Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition) ✓

- 2) Availability or of fruits and vegetables. Banana, coconut, lemon, orange
- 3) Non-Availability of fruits / Vegetables. Apple, pineapple, pomogranate, etc.
- 4) Any other problems faced in the village?

I have faced two problems in my village

- 1) water problems for the farmers
- 2) Drinking water problems.
- 3) crime and violence, unemployment

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?

chicken, mutton, fish

2. Which vegetarian food you take most?

Leafy vegetables, lady finger, cucumber, daunastic etc.

3. How often do you take dry fruits? she can eat 3-4 pieces of each

4. Whether you are taking fresh fruits? yes

5. How often do you take eggs? she can eat one egg each daily

6. How often do you take leafy vegetables? she can eat 3-4 portions per day

7. How often do you take dry fruits? she can eat 3-4 pieces of each daily

8. How often do you eat millets? she can eat 80-90 gm of millets per day

9. What did you have for breakfast? Rice, vegetable etc.

10. What do you have for lunch? Rice, vegetable, chicken, mutton, egg

11. What do you have for dinner? Rice, vegetable etc.

12. What millets do you have? Ragi

13. What do you know about organic food? organic food is grown without the use

synthetic chemicals such as human made pesticides and herbicides

14. Advisory on nutrition? organic food include meat and dairy products

\* it's best to eat a combination of animal and plant products  
 fish, egg, fruits, nuts, seeds as well as healthy fats.  
 \* only and high fat dairy products if you are healthy

Dr. V.S. Krishna Govt. Degree & P.G. College (A) Visakhapatnam  
DEPARTMENT OF BOTANY - SOCIO ECONOMIC SURVEY

Name of the student: V. Vimala

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: B. Saffemma

I. Social Status of Study Village/Area  
Age: 55 Gender:  M /  F Village/Area: N. B. W. J. U. Date: 06/06/20  
Vadasa

a) Geographical and Administrative location of the village: G. H. 78, B. W. J. U. (A.P.), India

b) Caste Profile: OC - [Telaga]

c) Religion Profile: Hindu

d) Education Profile: -

e) Occupational profile: farmer

f) Natural Resources:

g) Lives stock resources: -

h) Health profile: -

i) Infrastructural Facilities: 2) Health facilities Drinking water

II. Economic Status of Study Village/Area

a) Source of Income: 30,000

b) Type of House Building:  Own /  Rental

c) Availability of Agricultural land: Yes/No, If Yes 50 cent acres

d) Agricultural land used for Paddy crops

e) Crops used in crop rotation Paddy, Maize, Pulses

f) Type of cooking fuel used: LPG / Kerosene / Electricity / Wood / others specify LPG, wood

g) Do you have vehicle: Two-wheeler / Auto / Car / Any other vehicle NO

h) Name of the Govt. Schemes received: pension

i) Jagananna Vidhya Deevana / Jagananna Vasathi Deevana / Raithu Bharosa / Any other )

III. Specific Issues

Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability of fruits and vegetables. Banana, coconut, lemon, orange
- 3) Non-Availability of fruits / Vegetables. Apple, Pineapple, Strawberry
- 4) Any other problems faced in the village?

I have faced few problems in my village :-

- 1) water problem for the farmers
- 2) poor marketing agriculture
- 3) unemployment, vehicles are not available

**Survey On Nutrition**

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?

chicken, egg

2. Which vegetarian food you take most?

Green vegetables, leafy vegetables, pulses, Beans, lentils, lady finger

3. How often do you take dry fruits? she cannot eat dry fruits

4. Whether you are taking fresh fruits? yes

5. How often do you take eggs? she can eat each weekly 3 eggs

6. How often do you take leafy vegetables? she can eat 3-4 portions per day

7. How often do you take dry fruits? she can not eat dry fruits

8. How often do you eat millets? she can eat millets 50gms each daily

9. What did you have for breakfast? Rice, vegetables

10. What do you have for lunch? Rice, vegetables

11. What do you have for dinner? Chapati, idly etc.

12. What millets do you have? Roqui

13. What do you know about organic food? organic food are ecological food or bio food are food and drinks produced by methods complying with

14. Advisory on nutrition? standards of organic farming

- \* Base your meals on higher fibre, starch carbohydrates
- \* eat lots of fruits and vegetables
- \* eat more fish including a portion of oily fish
- \* cut down on saturated fat and sugar

Name of the student: V. Vimala

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: B. Suryanarayana Age: 50 Gender: M/F Village/Area: N. B. 54 Date: 06/06/22  
Valaja

Geographical and Administrative location of the village:  
Status of Study Village/Area

Geographical Profile: OC - (Telaga)

Religion Profile: Hindu

Occupational Profile: -

Major Resources: Farming

Stock resources: -

Health profile: -

Structural Facilities: 2) Health facilities Drinking water

Economic Status of Study Village/Area

Per capita Income: 50,000

Type of House Building: Own/Rental

Availability of Agricultural land: Yes/No, If Yes Two acres

Agricultural land used for paddy, maize crops

Crops used in crop rotation paddy, maize, pulses

Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, wood

Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle Two wheeler

Name of the Govt. Schemes received: Raithu Bharosa

(Jagananna Vidhya Deevana / Jagananna Vasathi Deevana/ Raithu Bharosa / Any other )

Specific Issues

Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability of fruits and vegetables. Banana, coconut, lemon, orange
- 3) Non-Availability of fruits / Vegetables. Apple, pineapple, strawberry, guava, banana
- 4) Any other problems faced in the village? I have faced few problems in my village

1) water problem for the farmer

2) lack of availability

3) Drinking water not availability

4) pesticide problem for the agriculture in farmer.

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?

chicken, mutton, fish, egg

2. Which vegetarian food you take most?

green vegetable, pulses

3. How often do you take dry fruits? he can eat 2-3 pieces of each daily

4. Whether you are taking fresh fruits? NO

5. How often do you take eggs? he can eat 2 eggs per day

6. How often do you take leafy vegetables? he can eat 2-3 portions per day

7. How often do you take dry fruits? she can eat 2 dry fruits per day

8. How often do you eat millets? he can eat 20 gm of millets per day

9. What did you have for breakfast? Rice, green vegetable

10. What do you have for lunch? Rice, green vegetable

11. What do you have for dinner? Chapatti, idly, Puri

12. What millets do you have? Ragi

13. What do you know about organic food? organic food is grown without the use of synthetic chemicals such as human-made pesticides and fertilizers

14. Advisory on nutrition? food should be mostly animal and dairy products

\* it's best to eat a combination of animal and plant, meat, fish, fruits, nuts, seeds as well as healthy fats.

\* only and high fat dairy products if you are healthy

Dr. V.S. Krishna Govt. Degree & P.G. College (A) Visakhapatnam  
DEPARTMENT OF BOTANY - SOCIO ECONOMIC SURVEY

Name of the student: V. Vimala

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: B. Srinu

Age: 22 Gender: M/F

Village/Area: B. Srinu, Date: 07/06/20  
Vedarega

Social Status of Study Village/Area

Geographical and Administrative location of the village: GH78 + V7P, B. Srinu (AP), India

Caste Profile: OC - (Teluga)

Lat 18.515272° Long 83.565959°

Religion Profile: Hindu

Education Profile: BSC (degree)

Occupational profile: volunteer

Natural Resources:

Lives stock resources: ↕

Health profile: ←

Infrastructural Facilities: 2) Health facilities Drinking water

### I. Economic Status of Study Village/Area

Source of Income: 60,000

Type of House Building: Own/Rental

Availability of Agricultural land: Yes/No, If Yes Two acres

Agricultural land used for paddy, maize, cotton crops

Crops used in crop rotation paddy, maize, pulses

Type of cooking fuel used: LPG / Kerosene / Electricity / Wood / others specify LPG, wood, kerosene

Do you have vehicle: Two-wheeler / Auto / Car / Any other vehicle Two wheeler vehicle

Name of the Govt. Schemes received: Raithu Bharosa, Jagananna vidhya deevana, Jagananna

Jagananna Vidhya Deevana / Jagananna Vasathi Deevana / Raithu Bharosa / Any other ) Vasathi deevana

### II. Specific Issues

Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability of fruits and vegetables. Banana, papaya, lemon, orange
- 3) Non-Availability of fruits / Vegetables. gooseberry, shawberry, watermelon.
- 4) Any other problems faced in the village? I have faced a few problems in village, water problems for the farmer, poor agriculture market not available field pestidity, not available vehicles

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?  
chicken, mutton, fish, egg, paneer
  2. Which vegetarian food you take most?  
Leafy vegetable, Bitter guard, Brinjal, drumstick, beans, tomatoes, lady finger
  3. How often do you take dry fruits? he can eat 4-7 pieces of daily dry fruits
  4. Whether you are taking fresh fruits? he can not eat fresh fruits
  5. How often do you take eggs? he can eat daily one egg
  6. How often do you take leafy vegetables? he can eat 3-4 portions per day
  7. How often do you take dry fruits? he can eat 4-7 pieces of daily dry fruits
  8. How often do you eat millets? he can eat 80gms of millets per day
  9. What did you have for breakfast? Rice, green vegetable
  10. What do you have for lunch? Rice, chicken, mutton, fish, egg and vegetable
  11. What do you have for dinner? Rice, vegetable, chicken, egg
  12. What millets do you have? \_\_\_\_\_
  13. What do you know about organic food? organic food is grown without the use of synthetic chemicals such as human made pesticides and fertilizers
  14. Advisory on nutrition? food include meat, dairy products
- \* it's best to eat a combination of animal and plant, meat, fish, eggs, fruits, nuts, seeds as well as healthy fats
- \* only and high fat dairy products if you are healthy

Name of the student: V. Vimala.

Name of the Lecturer, Dr. S. Padmayathi

Name of the Respondent: V. Raveenanda Age 51 / Gender: M/F Village/Area: P. Buzh Date: 07/06/22

1. Social Status of Study Village/Area

Valasa

2. Geographical and Administrative location of the village: GH 78 + VTP, Buzhulasa (AP), India

3. Caste Profile: OC - (Telaga)

Lot 18.515272' long 83.565959'

4. Religion Profile: Hindu

5. Education Profile: —

6. Occupational profile: Farmer

7. Natural Resources: —

8. Lives stock resources: —

9. Health profile: —

10. Infrastructural Facilities: 2) Health facilities Drinking water

## II. Economic Status of Study Village/Area

a) Source of Income: 40,000

b) Type of House Building: Own/Rental

c) Availability of Agricultural land: Yes/No, If Yes one acres

d) Agricultural land used for paddy, maize crops

e) Crops used in crop rotation paddy, maize, Paddy

f) Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, wood

g) Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle Two wheeler

h) Name of the Govt. Schemes received: Anne vodi, Raithu Bharosa

(Jagananna Vidhya Deevena / Jagananna Vasathi Deevena/ Raithu Bharosa / Any other )

## III. Specific Issues

1) Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability or of fruits and vegetables. Banana, Papaya, Coconut, Lemon
- 3) Non-Availability of fruits / Vegetables. Apple, pine apple, grapes, strawberries
- 4) Any other problems faced in the village?

I have faced few problems in my village

- 1) Drinking water problem, water problem for the farmers
- whatsapp problems, unemployment, crimes, violence, school
- problems

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?

chicken, mutton, fish, egg

2. Which vegetarian food you take most?

Banana, cucumber, tomatoes, vegetables, lady finger, Buttermilk

3. How often do you take dry fruits? She can eat 3-4 pieces of each daily
4. Whether you are taking fresh fruits? yes

5. How often do you take eggs? She can eat one egg of each daily

6. How often do you take leafy vegetables? she can eat 3-4 portions per day

7. How often do you take dry fruits? she can eat 3-4 pieces of each daily

8. How often do you eat millets? she can eat 50 gm of each daily

9. What did you have for breakfast? Rice, vegetable

10. What do you have for lunch? Rice, vegetable

11. What do you have for dinner? chappathi, puri, idly

12. What millets do you have? Ragi

13. What do you know about organic food? Organic food unlike conventional farming

organic approach means farming with nature rather than man-made

14. Advisory on nutrition? fertilizers and pesticides

\* it's best to eat a combination of animals and plants meat  
eggs, nuts, fruits, seeds as well as healthy fats

\* oils and high fat dairy products if you are healthy

Name of the student: v. vimale

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: G. Suresh  
Social Status of Study Village/Area

Age: 25 Gender: M/F Village/Area: N. Raju Date: 07/06/22  
Valaya

Geographical and Administrative location of the village: GH78, Burjavelaya (AP), India  
Caste Profile: OC (Telaga)  
Religion Profile: Hindu  
Latitude: 18.515272° Longitude: 83.565959°

Education Profile: Intermediate  
Occupational profile: Thape masthri

Natural Resources:

Water stock resources: —

Health profile: —

Infrastructure Facilities: 2) Health facilities Drinking water

Economic Status of Study Village/Area

Per capita Income: 25,000

Type of House Building: Own/Rental ✓

Availability of Agricultural land: Yes/No, If Yes one acres

Agricultural land used for paddy crops

Crops used in crop rotation paddy, millets, Pulses

Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, WOOD

Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle NO

Name of the Govt. Schemes received: Raithu Bharosa

Other schemes: Anna Vidhya Deevana / Jagananna Vasathi Deevana/ Raithu Bharosa / Any other )

Specific Issues

Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition).

- 2) Availability or of fruits and vegetables. Banana, lemon, orange
- 3) Non-Availability of fruits / Vegetables. grapes, watermelon, pomogranate
- 4) Any other problems faced in the village?

I have faced few problems in my village water problem to the villagers. Drinking water problems, homelessness, crime and violence, unemployment, poor agriculture marketing

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?

chicken, mutton, fish, egg, paneer

2. Which vegetarian food you take most?

leafy vegetables, butter guard, Beans, Dal, banana, tomatoes, ladyfinger

3. How often do you take dry fruits? He can not eat daily dry fruits

4. Whether you are taking fresh fruits? He can eat fresh fruits

5. How often do you take eggs? He can eat each weekly four eggs

6. How often do you take leafy vegetables? He can eat 3-4 portions per day

7. How often do you take dry fruits? He can not eat daily dry fruits

8. How often do you eat millets? He can eat 50gms millets per day

9. What did you have for breakfast? Rice, vegetable, chicken, mutton, fish

10. What do you have for lunch? Rice, vegetable, chicken, mutton, fish

11. What do you have for dinner? chappati, puri, idly, upma etc

12. What millets do you have? Ragi

13. What do you know about organic food? organic food are ecological food & biological food are food and drinks produced by methods complying with

14. Advisory on nutrition? standards of organic farming

\* Base your meals on higher fibre starchy carbohydrates

\* eat lots of fruits and vegetables

\* eat more fish including a portion of oily fish

\* cut down on saturated fat and sugar



- 2) Availability or of fruits and vegetables. papaya, coconut, lemon, orange etc.
- 3) Non-Availability of fruits / Vegetables. Apple, pine-apple, strawberry, Gouda.
- 4) Any other problems faced in the village?

I have faced few problems in my village water problem for the farmers, drinking water problem, washroom problem, poor agriculture marketing

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?  
Chicken, mutton, fish, egg
2. Which vegetarian food you take most?  
Leafy vegetables, brinjal, cucumber, cabbage, carrot, tomatoes etc.
3. How often do you take dry fruits? NO
4. Whether you are taking fresh fruits? NO
5. How often do you take eggs? Daily 3-4 eggs
6. How often do you take leafy vegetables? He can eat 3-4 portions per day
7. How often do you take dry fruits? NO
8. How often do you eat millets? He can eat 50gms millets per day
9. What did you have for breakfast? Rice, vegetable
10. What do you have for lunch? Rice, vegetable, chicken
11. What do you have for dinner? Rice, vegetable, chicken, Mutton
12. What millets do you have? Ragi
13. What do you know about organic food? organic food unlike conventional farming organic approach means farming with natural rather than man-made
14. Advisory on nutrition? - zero and pesticides

\* It's best to eat a combination of animal and plant, meat fish, eggs, nuts, fruits, seeds as well as healthy fats

\* oils and high fat dairy products if you are healthy

Dr. V.S. Krishna Govt. Degree & P.G. College (A) Visakhapatnam  
DEPARTMENT OF BOTANY - SOCIO ECONOMIC SURVEY

Name of the student: V. vimala

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: Ch. Ramu

Age: 49 Gender: M/F

Village/Area: P. Baituvala  
Vadanga

Date: 07/06/22

Social Status of Study Village/Area

Geographical and Administrative location of the village: GH 78+7VP, Baituvala (AP), India

Caste Profile: OC - (Telga)

Lat 16.515272° Long 83.565959°

Religion Profile: Hindu

Education Profile: 5th class

Occupational profile: farmer

Natural Resources:

Lives stock resources: —

Health profile: —

Infrastructural Facilities: 2) Health facilities Drinking water

Economic Status of Study Village/Area

Source of Income: 32,000

Type of House Building: Own/Rental

Availability of Agricultural land: Yes/No, If Yes one acres

Agricultural land used for paddy crops

Crops used in crop rotation paddy, maize

Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, wood

Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle Two wheeler

Name of the Govt. Schemes received: Raithu Bharosa

Jagananna Vidhya Deevana / Jagananna Vasathi Deevana/ Raithu Bharosa / Any other )

III. Specific Issues

1) Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability or of fruits and vegetables. Banana, coconut, lemon, orange etc
- 3) Non-Availability of fruits / Vegetables. Apple, pineapple, watermelon, strawberry
- 4) Any other problems faced in the village?

- 1) water problems for the farming
- 2) Drinking water problem
- 3) wash room problem
- 4) unemployment

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?  
chicken, mutton, fish, egg
2. Which vegetarian food you take most?  
leafy vegetables, bhajiyas, doughnuts, lady fingers etc.
3. How often do you take dry fruits? NO
4. Whether you are taking fresh fruits? yes
5. How often do you take eggs? yes he can eat 4 egg of each daily
6. How often do you take leafy vegetables? yes he can eat 3-4 portions per day
7. How often do you take dry fruits? NO
8. How often do you eat millets? yes he can eat 50gms millets per day
9. What did you have for breakfast? Rice, vegetable
10. What do you have for lunch? Rice, vegetable, chicken
11. What do you have for dinner? Rice, vegetable, chicken, mutton
12. What millets do you have? Ragi
13. What do you know about organic food? organic food farming is better for the environment and more sustainable
14. Advisory on nutrition?

Nutrition is the biochemical physiological process by which an organism uses food to support its life

ex:- carbohydrates, proteins

Name of the student: V. Vimala

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: S. Neelaveni

Age: 45 Gender: M/F

Village/Area: N. B. S. V. Date: 07/06/22  
Valaga

**Social Status of Study Village/Area**

Geographical and Administrative location of the village:

Caste Profile: BC-D

Religion Profile: Hindu

Education Profile: —

Occupational profile: House wife

Natural Resources:

Lives stock resources: —

Health profile: —

Infrastructural Facilities: 2) Health facilities Drinking water

**Economic Status of Study Village/Area**

Source of Income: 10,000

Type of House Building: Own/Rental

Availability of Agricultural land: Yes/No, If Yes 50 cent acres

Agricultural land used for Paddy crops

Crops used in crop rotation Paddy, cotton

Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, wood

Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle —

Name of the Govt. Schemes received: Raithu Bharosa

Jagananna Vidhya Deevana / Jagananna Vasathi Deevana/ Raithu Bharosa / Any other )

**I. Specific Issues**

Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability or of fruits and vegetables. Banana coconut, lemon, orange etc.
- 3) Non-Availability of fruits / Vegetables. Apple, pine apple, water lemon, Strawberry
- 4) Any other problems faced in the village?

- 1) water problems for the farmers
- 2) Breking water problem
- 3) education problem

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?  
chicken, mutton, fish, egg
2. Which vegetarian food you take most?  
leafy vegetables, brinjal, cucumber, cabbage, lady finger
3. How often do you take dry fruits? NO
4. Whether you are taking fresh fruits? yes
5. How often do you take eggs? yes he can eat 3 of each week
6. How often do you take leafy vegetables? yes he can eat 3-4 portions per day
7. How often do you take dry fruits? NO
8. How often do you eat millets? yes he can eat 50gms of per day
9. What did you have for breakfast? Rice, vegetables
10. What do you have for lunch? Rice, vegetables
11. What do you have for dinner? Chapati, idli, upma
12. What millets do you have? Bajra, pearl
13. What do you know about organic food? organic farming is the production of without the use of synthetic chemicals or genetically modified crops
14. Advisory on nutrition?

\* Reduce high blood pressure

\* Lower high cholesterol

\* Improve your well-being

\* Improve your ability to fight off illness

Name of the student: V. Vimala

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: Ch. Madhu  
Social Status of Study Village/Area

Age: 18 Gender: M/F Village/Area: P. B. B. / Valuga Date: 07/06/11

Geographical and Administrative location of the village:

caste Profile: OC - (Teluga)  
 Religion Profile: Hindu  
 Education Profile: Intermediate  
 Occupational profile: -

Natural Resources: -  
 Live stock resources: -  
 Health profile: -

Infrastructural Facilities: 2) Health facilities Drinking water

Economic Status of Study Village/Area

Source of Income: 20,000

Type of House Building: Own / Rental

Availability of Agricultural land: Yes/No, If Yes Two acres

Agricultural land used for paddy, maize crops

Crops used in crop rotation paddy, maize, cotton

Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, wood

Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle Two wheeler

Name of the Govt. Schemes received: Anna vadi  
 Jagananna Vidhya Deevana / Jagananna Vasathi Deevana/ Raithu Bharosa / Any other )

III. Specific Issues

1) Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability of fruits and vegetables. papaya, coconut, lemon, orange etc.
- 3) Non-Availability of fruits / Vegetables. Apple, pine apple, Strawberry etc.
- 4) Any other problems faced in the village?

- 1) water problem for the farmers
- 2) poor agriculture marketing
- 3) which room problem

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?  
chicken, mutton
2. Which vegetarian food you take most?  
Brajal, lady finger, duster, cabbage, butter guard etc.
3. How often do you take dry fruits? NO
4. Whether you are taking fresh fruits? yes
5. How often do you take eggs? yes he can eat one egg each daily
6. How often do you take leafy vegetables? yes he can eat 3-4 portions per day
7. How often do you take dry fruits? NO
8. How often do you eat millets? yes he can eat 20g of millets per day
9. What did you have for breakfast? Rice, vegetable
10. What do you have for lunch? Rice, vegetable, chicken, mutton
11. What do you have for dinner? Rice, vegetable, chicken, mutton
12. What millets do you have? Ragi
13. What do you know about organic food? organic food farming is better for the environment and more sustainable.
14. Advisory on nutrition?

nutrition is the biochemical physiological process by which organism uses food to support its life.

Dr.V.S.Krishna Govt.Degree & P.G.College (A) Visakhapatnam  
DEPARTMENT OF BOTANY - SOCIO ECONOMIC SURVEY

Name of the student: V. Vimala

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: M. Sambaiah Age: 54 Gender:  M/ F Village/Area: p. Buvijala Date: 10/06/22  
vulasa

I. Social Status of Study Village/Area

a) Geographical and Administrative location of the village: GH78 + V7P, Buvijala (AP) India  
Lat 18.51527° Long 83.565959°

b) Caste Profile: BC - D  
c) Religion Profile: Hindu  
d) Education Profile: -  
e) Occupational profile: farmer

Natural Resources: -  
Lives stock resources: -  
Health profile: -

Infrastructural Facilities: 2) Health facilities Drinking water

Economic Status of Study Village/Area

Source of Income: 70000

Type of House Building:  Own/ Rental

Availability of Agricultural land: Yes/No, If Yes Three acres

Agricultural land used for paddy crops  
Crops used in crop rotation paddy, maize, pulses

Source of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG, wood

Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle Two wheeler

Govt. Schemes received: Raithu Bharosa

(Vidhya Deevana / Jagananna Vasathi Deevana/ Raithu Bharosa / Any other)

Health Issues

Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability or of fruits and vegetables. Banana, Guava, Orange, Lemon
- 3) Non-Availability of fruits / Vegetables. Apple, pine apple, Strawberry, grapes
- 4) Any other problems faced in the village?
  - 1) water problem for the farmers
  - 2) poor marketing agriculture
  - 3) crime and violence

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? /Which pulse you use most?  
chicken, mutton, egg
2. Which vegetarian food you take most?  
Cady fingers, cucumber, cabbage, brinjal etc.
3. How often do you take dry fruits? no
4. Whether you are taking fresh fruits? yes
5. How often do you take eggs? yes he can eat 2 egg of each week
6. How often do you take leafy vegetables? yes he can eat 3-4 portions per day
7. How often do you take dry fruits? no
8. How often do you eat millets? yes he can eat 50gms daily per day
9. What did you have for breakfast? Rice, vegetable
10. What do you have for lunch? Rice, vegetable, chicken, mutton
11. What do you have for dinner? Rice, vegetable, chicken, egg
12. What millets do you have? Rajaru
13. What do you know about organic food? organic food have grown on soil the organic food include meat and dairy products
14. Advisory on nutrition?

nutrition is the biochemical and physiological process by which an organism uses food to support its life

Name of the student: V. Vimala

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: A. Parvathi  
Social Status of Study Village/Area

Age: 48 Gender: M/F Village/Area: N. Bofu Date: 10/06/22  
Valeya

Geographical and Administrative location of the village: G1178 + 7UP, Bhattavaleya (AP) India  
Caste Profile: BE - A OC - [Telaga] lat 18.515272° Long 83.565959°  
Religion Profile: Hindu

Education Profile: -  
Occupational profile: farmer

Natural Resources:  
Lives stock resources: -  
Health profile: -

Infrastructural Facilities: 2) Health facilities Drinking water

Economic Status of Study Village/Area

Source of Income: 30,000  
Type of House Building: Own/Rental

Availability of Agricultural land: Yes/No, If Yes 5000 acres

Agricultural land used for paddy crops  
Crops used in crop rotation paddy, pulses

Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG

Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle -

Name of the Govt. Schemes received: -

(Ananna Vidhya Deevana / Jagananna Vasathi Deevana/ Raithu Bharosa / Any other )

Specific Issues

Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability of fruits and vegetables. Banana, coconut, Guava, Lemon
- 3) Non-Availability of fruits / Vegetables. Apple, pineapple, watermelon
- 4) Any other problems faced in the village?

- 1) education problem
- 2) washroom problem
- 3) homelessness, crime and violence
- 4) unemployment

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?  
chicken, mutton, egg
2. Which vegetarian food you take most?  
vegetables, leafy vegetables, green vegetables
3. How often do you take dry fruits? NO
4. Whether you are taking fresh fruits? yes
5. How often do you take eggs? yes she can eat 4 egg of each week
6. How often do you take leafy vegetables? yes she can eat 3-4 portions per day
7. How often do you take dry fruits? NO
8. How often do you eat millets? yes she can eat 80 gms of millets per day
9. What did you have for breakfast? chapatti, dosa, idly
10. What do you have for lunch? Rice, vegetables, chicken
11. What do you have for dinner? Rice, vegetables, chicken, egg
12. What millets do you have? Rajgi
13. What do you know about organic food? organic food fresh or processed food prepared by organic farming method organic food is grown without the use of
14. Advisory on nutrition? synthetic chemicals

The process of providing or obtaining the food necessary for health and growth.

ex:- carbohydrates, proteins

Dr. V.S. Krishna Govt Degree & P.G. College (A) Visakhapatnam  
DEPARTMENT OF BOTANY - SOCIO ECONOMIC SURVEY

Name of the student: V. V. V. V.

Name of the Lecturer: Dr. S. Padmavathi

Name of the Respondent: A. R. R. R.

Age: 53 Gender: M/F

Village/Area: P. B. B. Date: 10/06/22  
V. V. V.

I. Social Status of Study Village/Area

a) Geographical and Administrative location of the village: G. H. 78 + V. V. P., B. S. J. V. V. V., AP, India  
Lat N. 515272 Long E. 565959

b) Caste Profile: OC - [V. V. V.]

c) Religion Profile: Hindu

d) Education Profile: -

e) Occupational profile: -

f) Natural Resources: -

g) Lives stock resources: -

h) Health profile: -

i) Infrastructural Facilities: 2) Health facilities Drinking water

Economic Status of Study Village/Area

Source of Income: 30,000

Type of House Building: Own/Rental

Availability of Agricultural land: Yes/No, If Yes 50 cent acres

Agricultural land used for paddy crops

Crops used in crop rotation paddy, pulses

Type of cooking fuel used: LPG / Kerosene/ Electricity/ Wood/ others specify LPG

Do you have vehicle: Two-wheeler/ Auto/ Car/ Any other vehicle -

Name of the Govt. Schemes received: Raithu Bharosa

Jagananna Vidhya Deevena / Jagananna Vasathi Deevena/ Raithu Bharosa / Any other )

Specific Issues

Health issues (Diabetes, B. P., Knee Pains, Hemoglobin levels, or any issues related to nutrition)

Banana, coconut, watermelon, Orange

Brinjal, apple, pineapple, Strawberry

4. Any other problems faced in the village?

1) Poor infrastructure

2) The roads are not properly

3) education problem

### Survey On Nutrition

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? / Which pulse you use most?

chicken, mutton, fish, egg

2. Which vegetarian food you take most?

vegetables and leafy vegetables

3. How often do you take dry fruits? NO

4. Whether you are taking fresh fruits? yes

5. How often do you take eggs? yes he can eat 4 egg of each week

6. How often do you take leafy vegetables? yes he can eat 3-4 portion per day

7. How often do you take dry fruits? NO

8. How often do you eat millets? yes he can eat 50gms of millets per day

9. What did you have for breakfast? Phupattu, idly, dosa, puri

10. What do you have for lunch? Rice, vegetables

11. What do you have for dinner? Rice, vegetables

12. What millets do you have? Ragi

13. What do you know about organic food? organic food ecological food are the and drinky produced by methods complying with the standards of

14. Advisory on nutrition? organic farming

nutrients can be described as the chemical components of food and healthy balanced diet

Dr. V.S. Krishna Govt Degree & P.G. College (A) Visakhapatnam  
DEPARTMENT OF BOTANY - SOCIO ECONOMIC SURVEY

Name of the student: V. Vimala

Name of the Lecturer: Dr. S. Padmayathi

Name of the Respondent: V. Heralatha Age: \_\_\_\_\_ Gender: M/F Village/Area: N. Raju Date: 20/06/2022

Social Status of Study Village/Area

1) Geographical and Administrative location of the village: N. Raju, Andhra Pradesh, India

Caste Profile: OC - [Telaga]

Religion Profile: Hindu Lat 18.51525° Long 83.565886°

Education Profile: 8th class

Occupational profile: farmer

Natural Resources:

Lives stock resources: -

Health profile: -

Infrastructural Facilities: 2) Health facilities Drinking water

Economic Status of Study Village/Area

Source of Income: 45,000

Type of House Building: Own/Rental

Availability of Agricultural land: Yes/No, If Yes 70 cent acres

Agricultural land used for paddy, maize crops

Crops used in crop rotation paddy, maize, cotton

Source of cooking fuel used: LPG / Kerosene / Electricity / Wood / others specify LPG, wood

Do you have vehicle: Two-wheeler / Auto / Car / Any other vehicle Two wheeler vehicle

Name of the Govt. Schemes received: Anna Vodi, Raithu Bharosa

Other schemes (Anna Vidhya Deevena / Jagananna Vasathi Deevena / Raithu Bharosa / Any other)

Specific Issues

Health issues (Diabetes, B.P, Knee Pains, Hemoglobin levels, or any issues related to nutrition)

- 2) Availability or of fruits and vegetables. papaya, coconut, lemon, orange
- 3) Non-Availability of fruits / Vegetables. Apple, pine apple, strawberry, guava
- 4) Any other problems faced in the village?

I have faced two problems in my village  
 water problem for the farmers, drinking water problem  
 neighbour problem

**Survey On Nutrition**

Vegetarian/ Non vegetarian

1. Which non veg item you prefer most? /Which pulse you use most?  
 chicken, mutton, fish, egg
2. Which vegetarian food you take most?  
 leafy vegetables, Brinjal, cucumber, cabbage, carrot, tomato
3. How often do you take dry fruits? NO
4. Whether you are taking fresh fruits? YES
5. How often do you take eggs? NO
6. How often do you take leafy vegetables? YES
7. How often do you take dry fruits? NO
8. How often do you eat millets? YES
9. What did you have for breakfast? Rice, vegetable, chicken
10. What do you have for lunch? Rice, vegetable, mutton, fish
11. What do you have for dinner? Rice, vegetable
12. What millets do you have? Ragi
13. What do you know about organic food?  
 organic food unlike -conventional  
 the organic approach means farming with natural rather than  
 fertilizers and pesticides
14. Advisory on nutrition?  
 nutrition is the biochemical physiological process by which we  
 use food to support its life.